

ALLERGY RESPONSE PLAN

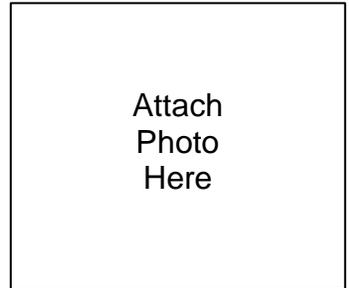
Student's Name: _____

DOB: _____

Teacher/Class: _____ School: _____

ALLERGY TO: _____

High risk for severe reaction (e.g. hx asthma) ___yes___no



GENERAL SIGNS OF SEVERE ALLERGIC REACTION

Systems: Symptoms:

Mouth: itching and swelling of lips, tongue or mouth

Throat*: itching and/or a sense of tightness in throat, hoarseness, and hacking cough

Skin: hives, itchy rash, and/or swelling of face or extremities

Gut: nausea, abdominal cramps, vomiting and/or diarrhea

Lung*: shortness of breath, repetitive coughing and/or wheezing

Heart*: "thready pulse", "passing out"

Note: the severity of symptoms can change quickly.

**These symptoms can potentially progress to a life-threatening situation.*

IF EXPOSURE TO ALLERGEN IS SUSPECTED AND/OR SYMPTOMS ARE:

1. Give _____ **IMMEDIATELY!**
(medication/dose/route)
2. Then call 911/EMS (ask for advanced life support) following school procedures for 911.
3. Call parent/guardian _____ or emergency contacts.
4. Call Dr. _____ at _____.

DO NOT HESITATE TO CALL 911!

Trained School Staff:

1. _____ Title _____ Room _____ Title_Room_ Title_
2. _____
3. _____

Emergency Contacts (other than parent/guardian):

1. _____ Phone: _____
Relationship: _____
2. _____ Phone: _____
Relationship: _____

Nurse's signature: _____ Date: _____

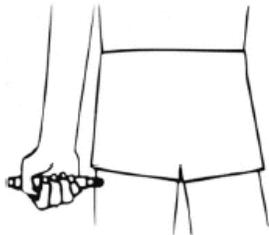
Parent's signature: _____ Date: _____
(or guardian's signature)

EPIPEN® AND EPIPEN® JR. DIRECTIONS

- 1. Pull off gray activation cap.**



- 2. Hold black tip near outer thigh (always apply to thigh).**



- 3. Swing and jab firmly into outer thigh until Auto-Injector mechanism functions. Hold in place and count to 10. The EpiPen® unit should then be removed and taken with you to the Emergency Room. Massage the injection area for 10 seconds.**

(Adapted from the Food Allergy and Anaphylaxis Network)

Specific training on the Allergy Response Plan (including administration of epi-pen in an emergency if nurse is unavailable) to be given by school nurse to these school staff:
