



Bronx Children's Mobile Crisis Team

Who we are: The Bronx Children's Mobile Crisis Team (CMCT) provides crisis assessment, crisis stabilization, prevention planning and care-giver support to children and teens who are experiencing a psychiatric crisis. The team consists of licensed and master's level clinicians as well as family advocates.

Who we serve: All Bronx community and educational districts borough wide

What we do: Provide rapid response to referrals for children/adolescents in active crisis situations. A team will respond within 2 hours of receiving a crisis referral, provide crisis de-escalation, conduct a psychosocial assessment and initiate prevention planning. In addition, the team will provide support to families, collaborate with educators and assist care-givers on how to de-escalate and prevent future crisis situations.

When to make a crisis call:

If a student is behaving in an aggressively threatening manner:

- Physical aggression resulting in property damage
- Verbal aggression with threats of harm to self or others
- Extreme acting out behavior
- Escalating disruptive behaviors with peers/faculty

If a student is experiencing a current psychiatric crisis:

- Bizarre behavior
- Disorganized thinking
- Extreme moods
- Current substance abuse is suspected

If a student is displaying active symptoms of depression:

- Withdrawn
- Loss of appetite
- Making passive suicidal statements
- Showing signs of self harm
- Suspected victim or perpetrator of reported bullying

If a student has displayed any of the above mentioned symptoms in the last 5 days combined with:

- Truancy for a minimum of 5 educational days

How to utilize this resource: If you are a principal, teacher or educational support staff you must first get parental permission verbally before you call. It is highly recommended that you have parental consent marked on your school's emergency blue card, child's IEP, child's guidance folder, or similar schools records. If permission is not given, you must adhere to your school's policy and Chancellor's Regulations. Once deemed appropriate and parental contact or consent has been made, you can speak to a crisis counselor at **1-800-Lifenet**.