

# at-risk

Online Training for High School Educators

How do I help a student I'm worried about?



Access Free Training at

<http://highschool.kognito.com/newyork>



- ▶ Learn to recognize signs of psychological distress and connect students to support services
- ▶ Practice speaking with student avatars exhibiting psychological distress
- ▶ 1-hr training, available 24/7
- ▶ Listed in SPRC/AFSP Best Practices Registry

## ▶ Community partners and school administrators

Consider enrolling your school to receive: 1) Recognition for your school's efforts to support students and improve school safety, 2) Status updates about your school's participation, 3) Technical assistance for program implementation. Enrolling is optional. Teachers, administrators and staff can access the training immediately without enrolling.

### Questions about this program?

For NYC Schools: Scott Bloom, sbloom5@schools.nyc.gov, 212-374-6846

For Schools outside of NYC: Pat Breux, Pat.Breux@omh.ny.gov, 518-402-1156

The training is made available to New York educators by New York State Office of Mental Health, Suicide Prevention Center of New York, New York City Department of Health and Mental Hygiene, and New York City Department of Education.

