

**Register staff to attend a Free Suicide Prevention Training for Bronx ONLY  
frontline DOE staff Wednesday, March 19, 2014 from 9:30-1:00p.m.**

Pre-Registration required at  
<https://samaritansnyc.ejoinme.org/bronxmarch19>

**Who should attend?**

Guidance counselors, social workers, psychologists, SITH, SAPIS, case managers, program directors, crisis team members, youth development specialists and others.

## **Crisis Communications and Safety Planning**

*Increasing staff and site readiness in responding to at-risk individuals*

**Wednesday, March 19, 2014**

### **Lincoln Medical and Mental Health Center**

234 Eugenio Maria De Hostos Blvd (East 149th Street)  
Ground Floor Auditorium  
Bronx, NY 10451 (between Park and Morris Avenues)

**Free Admission – Pre-Registration Required**

at <https://samaritansnyc.ejoinme.org/march19>

**8:45a.m. - 9:15a.m. Registration & Continental Breakfast**  
**9:30a.m. – 1 p.m. Program**

A recent *CDC Youth Risk Behavior Survey* reported that suicidal behavioral is a significant problem for NYC public school students. It found that 30,000 NYC high school students attempted suicide in the previous year and that those students represent every sex and culture.

Most public health experts who work with people who are depressed, in distress, experiencing trauma, self-destructive and suicidal behavior agree that the keys to effective responses and interventions are found in responders' communication skills and their site's "readiness." Based on Samaritans over 25 years of providing suicide prevention training and technical support to NYC public schools, this interactive workshop will provide a step-by-step refresher on effective communications and a guide on developing a *safety plan* and a *site prevention plan*.

**The program will include:**

- Current youth-related suicide statistics and trends
- Exploration of stigma and how it impacts crisis responses
- Refresher and group exercises in effective communications
- Review of warning signs, risk and protective factors of suicide

- Utilization of suicide risk assessment models
- Designing a safety plan for at-risk students and clients
- Developing a site-based prevention plan with community resources

**Presenter: Alan Ross, Executive Director, Samaritans**, has trained over 40,000 healthcare providers and communications staff from NYC DOE, DOHMH, DYCD, HRA, NYPD, FDNY, Safe Horizon, U.S. Coast Guard, AIDS Task Forces, GMHC, St. Vincent's Rape Crisis, Salvation Army and Girl Scouts of America. His work has been featured in *The New York Times*, *Daily News*, *Oprah*, *New York Magazine*, *Brief Treatment and Crisis Intervention*, *the British Journal of Social Work* and he has appeared on Good Morning America, PBS, Nightline, CNN and MTV.

~ 0 ~

This free workshop is presented by the Samaritans of New York, with major funding from former NYC Council Member Joel Rivera and the Neuberger Berman Foundation, in association with NYC Department of Education. Samaritans thanks Lincoln Medical Center for donating the workshop space.

~ 0 ~

**ABOUT THE SAMARITANS OF NEW YORK**— [www.samaritansnyc.org](http://www.samaritansnyc.org)

The non-religious Samaritans of New York is the local branch of the world's oldest and largest crisis response network with 400 centers in 42 countries that operates NYC's 24-Suicide Prevention Hotline, Public Education programs and suicide survivor support groups.

- Samaritans 24-hour Suicide Prevention Hotline 212-673-3000 provides emotional support to individuals who feel distressed, depressed or in crisis. Calls are free, non-religious and completely confidential; all ages can call. **\*\*Please do not call the hotline about this training workshop\*\***
- Samaritans Safe Place program - offers free suicide survivor support groups in Manhattan for individuals aged 18 or older. Visit our website or call (212) 673-3041 for information.