



# **Fruitalicious Fridays**



**When: Every Friday at P.S. 139**

**What: Fresh Fruit**

**Why: It's Healthy**

**What's your child's favorite fruit?**

**an apple? an orange? a banana?**

**a clementine? a \_\_\_\_\_?**

**Beginning this Friday, please send in a healthy, nutritious piece of fruit with your child to eat in their classroom during their snack time.**

**Fruitalicious Fridays =  a fun way of promoting healthy choices in school. **