



Fruitalicious Fridays



When: Every Friday at P.S. 139

What: Fresh Fruit

Why: It's Healthy

What's your child's favorite fruit?

an apple? an orange? a banana?

a clementine? a _____?

Beginning this Friday, September 20th please send in a healthy, nutritious piece of fruit with your child to eat in their classroom during their snack time.

Fruitalicious Fridays =  a fun way of

promoting healthy choices in school. 