

at-risk

Online Training for
Middle and High School Educators

How do I help a student
I'm worried about?



Access this free one-hour training at:
<http://nyc.kognito.com>



- ▶ Learn to recognize signs of psychological distress and connect students to support services
- ▶ Practice speaking with virtual students who are experiencing psychological distress in an online environment
- ▶ 1-hr training, available 24/7
- ▶ Listed in SPRC/AFSP Best Practices Registry

▶ Community partners and school administrators:

Help make the training available to educators at your local middle and high schools. Go to the above link to find resources to help inform schools and teachers about the course.

Questions about this program?

Contact Scott Bloom, Director of School Mental Health Services
sbloom5@schools.nyc.gov or (212) 374-6846

For Technical Support

Contact Kognito Technical Support
support@kognito.com

The training is made freely available to New York educators and allied personnel by New York City Department of Health and Mental Hygiene and New York City Department of Education.

