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## LIFE SKILLS EDUCATION

### Upcoming Training Webinars October - November, 2016

#### **RESPECT: IT'S UP TO ALL OF US**

**Monday, October 10 | 4:00 PM ET and 7:00 PM ET**

Creating a classroom culture grounded in RESPECT and teaching students how to respect themselves as well as others is a critical factor that's needed for a productive school year. This session will focus on the "RESPECT: It's Up to All of Us" Handbook and will provide four enhancements/extensions on self-respect, dissolving stereotypes, and respectful communication.

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#### **COMMUNICATION SKILLS: HIGH SCHOOL**

**Tuesday, October 18 | 4:00 PM ET and 7:00 PM ET**

Communication skills are essential for lifelong success. This session will provide an overview of lessons in Module 1: Communication, as well as provide suggestions for enhancements and extensions on the following topics: (1) understanding nonverbal communication, (2) listening, (3) listening critically, (4) speaking responsibly, and (5) communicating constructively.

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#### **COMMUNICATION SKILLS: MIDDLE SCHOOL**

**Monday, October 24 | 4:00 PM ET and 7:00 PM ET**

Communication skills are essential for lifelong success. This session will provide an overview of lessons in Module 1: Communication, as well as provide suggestions for enhancements and extensions on the following topics: (1) understanding nonverbal messages, (2) listening, (3) speaking, (4) being assertive, and (5) expressing opinions constructively.

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#### **INTRODUCTION TO OVERCOMING OBSTACLES**

**Tuesday, November 1 | 4:00 PM ET and 7:00 PM ET**

Regardless of where you live, the socio-economic status or ability levels of your students, or even the educational backgrounds of parents, ALL students need to be taught life skills. This session is designed for the middle or high school educator who is interested in learning how to effectively implement Overcoming Obstacles Life Skills curricula at the classroom, school, or district level. Participants in this session will (1) learn what life skills are and why they are vital to students' success in school and career, (2) learn what Overcoming Obstacles can help educators accomplish, (3) understand how Overcoming Obstacles can impact student achievement and graduation rates, (4) explore Overcoming Obstacles resources, and (5) discuss best practices for effective implementation.



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## LIFE SKILLS EDUCATION

### **DECISION MAKING SKILLS: MIDDLE SCHOOL**

**Wednesday, November 9 | 4:00 PM ET and 7:00 PM ET**

Development of strong decision making skills is essential for middle school youth. An overview of the following topics will be discussed in this webinar, as well as enhancements and extensions that support the lessons: (1) making decisions--big and small, (2) gathering information, (3) identifying options, (4) weighing options and consequences, and (5) making choices.

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### **DECISION MAKING SKILLS: HIGH SCHOOL**

**Monday, November 14 | 4:00 PM ET and 7:00 PM ET**

Development of strong decision making skills is essential, not only for success in high school, but also for success in life. An overview of the following topics will be discussed in this webinar, as well as enhancements and extensions that may be used to further support decision making: (1) starting the decision making process, (2) gathering information, (3) exploring alternatives and considering consequences, and (4) making and evaluating decisions.

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Webinars are approximately 20-25 minutes in length. To view a full schedule and register for upcoming webinars, visit [www.overcomingobstacles.org/training](http://www.overcomingobstacles.org/training).