



Girls' Middle School VB League (MSVL) Winter, 2017

Student-Athlete Eligibility:

- The student-athlete must be currently enrolled in the middle school she is representing. If the program is a “campus” program, the student from the added school must be listed in the student registration on the CHAMPS portal
- Participants must be in the 6th, 7th or 8th grade and may not turn sixteen (16) years of age prior to July 1, 2017.
- Each team will be allowed a maximum roster of 15 student-athletes.
- Each student-athlete must have a signed parental consent form on file before the first day of participation (including tryouts and practices).
- On days when school is in session, a student-athlete must be present in school in order to participate in any team practice, scrimmage, league or non-league game, or tryouts on that day. A doctor's note or parental note is the only acceptable documentation to excuse student-athlete's absence.
- Suspended students are not eligible to participate in any team practice, scrimmage, league or non-league game, contest or tryout during the period of their suspension.
- All student-athletes must be in good academic standing with a passing GPA.
- All coaches must maintain the following documentation:
 - each student-athlete must be registered in the CHAMPS portal
 - a copy of each student-athlete's signed parental consent form

Competition Rules and Regulations:

Official volleyball rules of the **2016 and 2017 Women's National Collegiate Athletic Association (NCAA) Rules and Interpretations** will be used for all games, with the following modifications:

- a. The libero player will not be used in all matches.
- b. All matches consist of the best of two out of three sets.
- c. The first team to win two sets is the winner of the match.
- d. For each non-deciding set, a team that scores 25 points and has at least a two-point advantage over the opponent wins that set. If the score is tied 24-24, play continues until one team has a lead of two points.
- e. A deciding set is won when a team scores 25 points and has at least a two-point advantage over the opponent.
- f. The Service:
 - After being clearly released or tossed from the hand(s) of the server, the ball must be hit cleanly for service.
 - The server must contact the ball for service within 8 seconds after the first referee authorizes service.
 - Only one toss or release of the ball, which is considered to be part of the service action, is allowed.

- g. Each team is entitled to 15 substitutions per set. Each player is allowed unlimited entries within the team limit.
 - o Any number of players may enter the set in each position of the service order. Players re-entering the set must assume their original position in the serving order in relation to other teammates. No change may be made in a player's position in the service order, unless necessitated by injury.
- h. Each team is entitled to a maximum of two 75-second timeouts per set.
- i. Student-athletes are expected to maintain good sportsmanship and shake hands with the opposing team at the conclusion of each game.
- j. All student-athletes must wear the official league uniform (both top and bottom) in order to participate in league games. Any defacing of the official uniform will result in a team sanction.
- k. Cursing and taunting will result in an individual sanction.
- l. Any student-athlete (s) involved in a physical altercation during match play will be ejected from that match and will receive a minimum two-match suspension.
- m. Misconduct is any behavior, action or conduct by a team member toward officials, opponents, teammates or spectators that is deemed inappropriate by the referees. Misconduct is subject to sanction by the referee.
- n. Student-athletes who receive two individual sanctions in a match will face a minimum one-match suspension.
 - o Disruptive coaching
 - o Engaging in disruptive coaching is not permitted and results in an individual sanction
 - o Coaches who receive two individual sanctions in a match will immediately forfeit his/her team's match
- o. Only a licensed teacher (with current AED/CPR and Concussion in Youth Sports (CYS) certifications) may substitute for the assigned teacher-coach.
 - o The designated CHAMPS MSVL coach must email Ms. Mylene Gomez, CHAMPS MSVL Commissioner, at mgomez5@schools.nyc.gov, of the substitution
 - o Substitutions must be approved by the school Principal *prior* to the substitution
 - o The substitute teacher must present to the MSVL site supervisor on match day a letter written on school stationary from the Principal acknowledging the substitution
- p. One volunteer assistant coach is permitted to be on the bench during a game, provided that authorization is given by the school's principal and they are **fingerprinted**.
 - o Obtain a letter of authorization from the Principal. A copy must be affixed to the official scorebook
 - o Abide by all pertinent regulations regarding the use of volunteers in the school
 - o All other persons and spectators must be seated in the stands

- **Pre-Game Procedures:**
 - Coach submits Team Roster to Scorekeeper
 - Coach submits Line Up sheet of starting 6 players on the court

- **Forfeits:**
 - If a team does not have sufficient players to start the first set or is unable to play when the referee is ready to begin the match, that team loses the first set by default
 - Up to 10 minutes is allowed for the team to have sufficient players to play the second set. If, after the 10-minute waiting period, a team does not have six players present and is not ready to play, the second set is declared a default and the match a default

- **Playoffs:**
 - The two top teams from each division will advance to the playoff rounds.
 - **Student-athletes must be listed in a minimum of three match rosters to be eligible for the playoffs.**
 - In the case of a tie, teams will play one regulation match (2 sets out of 3).