

School Wellness Weekly, 9.26.2011

It's That Time of Year!

Once again, it's time to [apply](#) for a \$2,500 School Wellness Council grant. If your school wants to start a new School Wellness Council (SWC), or you have a council but haven't participated in our grant program, your school is eligible for an implementation grant. Implementation schools receive support with convening and/or strengthening a council, assessing the school's wellness programs, developing and implementing an action and budget plan, and purchasing contracted goods and services with grant funds (through OSWP).

2010-11 grant funded schools are eligible for a continuation grant, with the new option of requesting a direct allocation to your school's budget, if awarded. Also, to build capacity among our best continuation schools, we are offering an additional \$500 mentoring grant for schools interested in taking on additional leadership responsibilities. Mentoring schools will provide guidance to other SWC schools by offering direct support (through intervisitations and technical assistance) and practical advice (at networking events and professional development), while also providing feedback to our staff on grant resources and information.

To apply for an implementation or continuation grant, [click here](#), or to read more about the 2011-12 application, including an informational sheet, scoring rubrics, and a sample application (in Word), [click here](#).

Opportunities and Recognition

- **Move To Improve Grant Deadline Extended:** [MTI grants](#) include workshops, teacher stipends, equipment packs, and instructional materials. To apply, [click here](#) or for questions, email the MTI team [here](#).
- **Produce Fundraising Pilot Open Until 10/5:** The NYC Dept. of Health and GrowNYC has partnered to offer for a nominal fee a delivery of pumpkins and gourds, harvest vegetables, or apples to sell for a school fundraiser. Fill out the [application](#) by 5pm on 10/5 or email [Laena Orkin](#) with any questions.
- **Playstreets Grant Application:** Schools can create more active play space for their student population by closing a street block directly outside their school. Grants range from \$500 to \$1,000. To apply, contact the Playstreets Coordinator, [Emma Miller](#). Technical assistance is available throughout the application process.
- **Free Health and PE Education Professional Development:** See all of the free Office of School Wellness Programs professional development sessions by clicking [here](#).
- **Swim for Life Slots Open for Fall:** The NYCDOE along with NYC Parks, Asphalt Green, and the YMCA of Greater NY provide free swimming classes to 2nd grade students at locations throughout the city during the school day. In addition to teaching drowning prevention and basic swimming skills, this 10-week program can also count towards a school's required PE time. The sessions are typically held when schools can access the free OPT field trip bussing (between 10am-1pm). To see available slots, and for contact information, [click here](#).
- **Love your Block Grant Awards:** Your SWC (or other school-based group) can apply for a \$500-\$1,000 grant for block improvements that can be used toward school and neighborhood revitalization such as cleaning vacant lots, creating or enhancing a

school garden, planting trees in empty tree beds, and removing graffiti. Apply by 11/8 by [clicking here](#).

- **October is Walking Month Poster Competition:** Schools can register and students K-12 can participate in a campaign and poster contest to convince others of the environmental and health benefits of walking or ways to do it most safely. The application deadline is 11/1. [Click here](#) for the application and information.
- **Free [New York Road Runners Youth Jamboree 10/23](#):** Join hundreds of young runners for fun, low-competition track and field events like sprinting, long jump, and shot put, at the New Balance Track and Field Center at the Armory (216 Fort Washington Avenue, Manhattan) 10/23 from 7:45 a.m. – 4:00 p.m. For registration forms, [click here](#).

Wellness in the News

- [Chelsea Clinton Pays a Visit to a Healthy School](#) (The NY Times, 9/23)
- [Is Junk Food Really Cheaper?](#) (The NY Times, 9/24)
- [Public Schools Face the Rising Costs of Serving Lunch](#) (The NY Times, 9/20)
- [How Sports Can Help High Schools](#) (The Washington Post, 9/18)

Additional Resources

- [Let's Move in School](#) hosts free webinars the second Wednesday of each month to share information on providing a [comprehensive school physical activity program](#) in your school. Visit the website for these and other events and resources.
- Check out [SchoolFood's snack and beverage ordering information and website](#) to order DOE approved items for your school store and fundraising groups.

To have this sent directly to your email, [click here](#) and send with “subscribe” in the subject line.