

Standard Precautions

To prevent infection with HIV, Hepatitis B, C or another communicable disease assume that all blood and body fluids are infectious.

Employees must follow these standard precautions:

Cover Cuts



Cuts and skin openings are viral entry points.
Use band aids.

Respiratory Hygiene



Cover coughs and sneezes.
Wash hands after contact with respiratory secretions.

Hand Hygiene



Wash thoroughly after contact with blood or body fluids, after using the bathroom, removing gloves, and before eating. Use soap!

Personal Protective Equipment



Use when there is a risk of contact with blood or body fluids.
Disposable gloves should not be reused.

Sanitize



Shared assistive equipment such as wheelchairs and change tables should be cleaned between use.

Disinfect



Clean up spills of blood or other body fluids using a fresh mixture of 1 part bleach to 9 parts water.

Prevent Injury



Use mechanical methods for cleaning up broken glass. Handle needles carefully.

Medical Waste



Dispose of medical waste correctly: sharps in puncture proof container, and materials soaked with blood or body fluids in red bags.