

Contract for Supplemental Services

- The New York City Department of Education (NYCDOE), on behalf of the Office of School Health, is seeking to expand school-based mental health services, crisis intervention services and additional supplemental services to school age children (ages 5-18).
- This program will allow schools to contract with existing/established Mental Health treatment and support centers in order to provide unmet needs in the school setting.

• How Schools Obtain Services

- Schools seeking treatment services will contract with a Mental Health Services Provider by providing an annual percentage estimate of children eligible through Medicaid and/or third party insurance reimbursements based on prior year of student population.
- The school will then make up the percentage (%) difference through their own budget.
- Principals will be responsible for providing a safe and secure space where students can receive clinical services on site.
- The New York State Office of Mental Health will license any program operating on school site.
- Principals may also purchase supportive supplementary services to fit the needs of their schools in coordination with the implementation of clinical services such as:
 - Clinical Treatment Services: These include diagnostic, evaluative and therapeutic services. Individual and family therapy, psychiatric evaluations and crisis interventions are a few examples.
 - Supportive Supplementary Services: These services focus on the whole school through an assessment of the school environment.

By the Numbers...

School Based Mental Health Programs

300 Programs

260 Provide On-Site Treatment

40 Provide School-linked Services

Serving over 4500 students a year



For more information on these programs or on other Mental Health and Behavioral Services for schools please contact:

Scott Bloom, LCSW
Director of School
Mental Health Services
Office of School Health
52 Chambers Street
Room 209
New York, NY 10007
212-374-6846

SBloom5@schools.nyc.gov



New York City
Department of Health and Mental Hygiene
Department of Education

Office of School Health
School Mental Health

NYC School-Based Mental Health Service Programs



School Based Mental Health Centers

- Approximately 80 School-Based Mental Health Clinics (SBMHCs) provide on-site mental health services – including preventive and crisis interventions – to elementary, intermediate and high school students in all five boroughs.
- The SBMHC provide children experiencing, or at risk of developing, social/emotional difficulties with the mental health services they need and enables teachers to focus on teaching rather than behavior management.
- Many SBMHCs provide additional services, including family therapy, case management, school consultations and parent workshops. They also refer students for psychiatric evaluations and assessments when needed.
- To receive mental health services through a SBMHC, students must have a signed consent form by their parents/guardians.

School Based Health Centers

- Approximately 130 School-Based Health Centers (SBHCs) provide on-site primary care – including preventive, mental health and urgent care – to elementary, intermediate and high school students in all five boroughs.
- They will also refer students for specialty care when needed.
- To receive health care services through a SBHC, students must be enrolled by their parents/guardians.
- The SBHC can serve as a student's primary care provider or complement services provided by an outside primary care physician.

Both SBHC & SBMHC:

- Provide scheduled and walk-in services when school is in session and 24-hour telephone coverage to assist with out-of-school problems. Many are open during holiday periods and over the summer.
- Are operated by independent institutions, and the staff is not employed by the Department of Education. The New York State Office of Mental Health monitors the performance to assure that they are providing high quality care.
- While Agencies may bill an insurance company, such as Medicaid, for the care provided, they do not bill students or parents for care.
- Individual student records are confidential, and information is not shared with school staff without parent review and consent.



Clinic Plus helps schools find answers and provide the supports needed when children are identified as in need of mental health treatment. While some children may be identified by their families, friends, and teachers as needing help, many are still growing up with untreated emotional health needs. Clinic Plus is designed to be proactive and systematic in recognizing emotional health issues early in children and engaging families with flexible, culturally relevant services that have been shown to be effective. Research tells us that if we can identify and intervene early, we are more likely to:

- keep issues from affecting emotional, intellectual, or physical development;
- provide relief from symptoms earlier rather than later, and possibly prevent long-term problems; and
- improve school performance and personal relationships with family and friends.

What is Child and Family Clinic Plus?

Clinic Plus is a confidential, early recognition and intervention program funded by the New York State Office of Mental Health and operated at a local level by a Clinic Treatment Provider.

Screening is voluntary and is available only with the signed consent of the parent/guardian. The results of screening and recommendations for follow-up are shared only with the parent, unless they request that this information be shared with others.

Child and Family Clinic Plus Offers:

Screening: in natural settings like schools, health centers, and other community locations to reach children early who may have emotional needs

Assessment: comprehensive and as needed to identify needs and strengths of both child and family

In-home services: flexible and convenient, to make sure interventions work in "real-world" settings like at the dinner table

Expanded clinic services: easier access to traditional clinic services when necessary

Evidence-based treatment: interventions that have been shown to work

