

ELEMENTARY HANDWASHING AND RESPIRATORY ETIQUETTE LESSONS

GRADE	SOURCE	LESSON TITLE	LOCATION	OBJECTIVES	SYNOPSIS
Kindergarten	NYCDOE HIV/AIDS Curriculum	How Do We Stay Healthy?	Lesson 3 - page 5 <a href="http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookk.pdf">http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookk.pdf</a>	Students will learn ways to maintain good health	Students learn what healthy behaviors are.
Kindergarten & Grade 1	HealthTeacher Grades K-1 Curriculum and <a href="http://healthteacher.com">healthteacher.com</a>	Covering Sneezes and Coughs RESPIRATORY ETIQUETTE LESSON	Lesson 6 in Personal and Consumer Health Page 293 or <a href="http://www.healthteacher.com/lesson/index/174">healthteacher.com: http://www.healthteacher.com/lesson/index/174</a>	Students will identify the importance of covering sneezes and coughs. Students will demonstrate how to avoid spreading germs when they cough or sneeze.	Students discuss germs that spread illness. Using a demonstration with a spray bottle of water, the teacher illustrates how germs can travel from person to person through coughing and sneezing. Students then demonstrate how facial tissue can limit the spread of germs through the air.
Kindergarten & Grade 1	HealthTeacher Grades K-1 Curriculum and <a href="http://healthteacher.com">healthteacher.com</a>	Wash Away the Germs HANDWASHING LESSON	Lesson 7 in Personal and Consumer Health Page 297 or <a href="http://www.healthteacher.com/lesson/index/175">healthteacher.com http://www.healthteacher.com/lesson/index/175</a>	Students will identify the importance of hand washing. Students will demonstrate how to wash their hands to avoid spreading germs.	Students learn that germs can also be spread by touching using a simulation with stickers. Students practice the correct way to wash their hands.
Grade 1	NYC HIV/AIDS Curriculum	How Can We Stay Healthy?	Lesson 1 - page 11 <a href="http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr1.pdf">http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr1.pdf</a>	Students will be able to identify good health practices	Students create a collage of good health habits.

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Grade 2	NYC HIV/AIDS Curriculum	What Happens When We Get Sick?	Lesson 2 - page 20 <a href="http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr2.pdf">http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr2.pdf</a>	Students will be able to: Define prevention, symptoms, diagnosis, and treatment of illness, and Identify what people can do to prevent and treat illness.	Students learn ways to prevent illness.
Grade 2	NYC HIV/AIDS Curriculum	What Causes and Prevents the Spread of Illness?	Lesson 3 - page 25 <a href="http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr2.pdf">http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr2.pdf</a>	Students will be able to: Distinguish between diseases that can be passed and those that cannot, Identify how germs are shared or passed to cause disease.	Students learn how some germs can be spread.
Grade 3	NYC HIV/AIDS Curriculum	How Do We Catch Germs That Make Us Sick	Lesson 1 - page 31 <a href="http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr3.pdf">http://schools.nyc.gov/offices/teachlearn/documents/docs/hivaidsdocs/hivaidsbookgr3.pdf</a>	Students will be able to identify: How germs enter the body and cause sickness and Ways to keep from getting sick.	Students list ways people can protect themselves from viruses entering their bodies.
Grades 4 & 5	HealthTeacher Grades 4 & Curriculum and healthteacher.com	Preventing Infectious Illness	Lesson 3 in Personal and Consumer Health Page 479 or healthteacher.com <a href="http://www.healthteacher.com/lesson/index/182/">http://www.healthteacher.com/lesson/index/182/</a>	Students will explain how germs are spread and identify personal health behaviors that help prevent the spread of disease.	Students work in groups to research a type of infectious disease (food-borne, air-borne) then present their findings in a classroom news conference. They also develop comic strips to depict how germs are spread and ways to limit their spread, including immunization.