

New York State Standards for Health, Physical Education and Family and Consumer Sciences

Standard 1: Personal Health and Fitness

Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.

Standard 2: Safe and Healthy Environment

Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

Standard 3: Resource Management

Students will understand and be able to manage their personal and community resources.

Throughout this curriculum, teachers and administrators can see which skills and standards are being focused on in the lesson margins. Also included in the margins are necessary materials and vocabulary words used in the lesson.

For further information on the New York State Standards for Health Education, as well as skills-driven health education, go to:

New York State Education Department
www.nysed.gov/

Navigate by the Stars
www.emsc.nysed.gov/sss/Presentations/Navigate-EditedForWEB.ppt

Regents Policy Statement on HIV/AIDS Instruction

At its July 25, 1991, meeting, the Board of Regents adopted the following explanation of the Commissioner's Regulation (8 NYCRR 135.3 (C)(2)).

<http://www.p12.nysed.gov/sss/schoolhealth/schoolhealtheducation/CR135.pdf>

1. The requirement that HIV/AIDS instruction must "stress abstinence as the most appropriate and effective premarital protection against AIDS" means that written and oral instruction on [HIV] AIDS prevention must devote substantially more time and attention to abstinence than to other means of avoiding HIV infection. It also means that such instruction must always make it clear that no other method of prevention can provide the same 100 percent protection against infection as abstinence can.
2. Among other things, the requirement that HIV/AIDS instruction must "provide accurate information... concerning... methods of prevention" means that any written or oral instruction relating to condoms must fully and clearly disclose the various risks and consequences of condom failure.

Teacher Note: Since this policy was written, the terminology has changed from "AIDS prevention" and "protection against AIDS" to "HIV prevention" and "protection against HIV" because HIV is the virus that is transmitted, that can progress to AIDS.