

At Home and On the Go Pre-K Sensory Activities

Nature Bracelet

You will need:

- Masking tape (about 1-2 inches wide)
- Safety scissors

Instructions:

- Cut a piece of tape long enough to fit loosely around your child's wrist
- Wrap the piece of tape loosely around your child's wrist with the sticky side out
- Go on a nature walk around your neighborhood
- Have your child stick bits and pieces of nature (leaves, seeds, flowers) on the bracelet until it is full
- Stay safe, watch out for sticks or sharp objects

Talk About:

- The different items your child has collected
- The type of tree or plant that the items came from
- The colors, shapes, and texture of the items collected

Mystery Bag

You will need:

- 1 small paper bag
- 4-5 items like a cotton ball, baby hairbrush, a small ball, etc.

Instructions:

- Don't let your child see you place the items in the bag
- Have your child put her hand in the bag and touch each item
- Let your child guess each object then take it out of the bag

Talk About:

- How each item feels (soft, hard, rough, smooth)
- The size of each item (small, large)
- The shape of each item (round, square)

For more information on the Division of Early Childhood Education's Family and Community Engagement team or activities you can do at home and on the go with your child, please contact us at PreKFamilyEngagement@schools.nyc.gov or 212-374-0351.