

Program Information

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AN EMPOWERMENT MODEL FOR VIOLENCE PREVENTION AND RESILIENCE COACHING USING REAL-TIME RESILIENCY GROUPS

Component #1: Professional Development and Consultation

The Empowerment Model for Violence Prevention and Resilience Coaching is based on research findings that learning and life occur in groups, and that through groups, children can be helped to live nonviolently and become resilient and constructive members of a school community in preparation for their future role as citizens of the world community. **GroupWORKS for Education, Inc.** presents a systemic approach in a region, district or school in which teachers, counselors, SAPIS workers, administrators and parents are trained as resilience coaches. Resilience coaches develop the skills to lead groups in which students can strengthen their resiliency and hone social, interpersonal, problem solving and critical thinking skills. Resilience coaches are trained to conduct groups using the process of **Real Time Resiliency** in which students actually **practice and live** the leadership and conflict management skills they are being taught. Resilience coaches are trained and supervised to be positive role models for handling anger, disagreement, disappointment, conflict and ameliorating violence using an interactive, here and now focus to address issues that arise organically in school groups. These groups develop in children 7 abilities that are markers of resiliency: emotional regulation, impulse control, empathy, optimism, causal analysis, self-efficacy and reaching out (**see Component #3: Direct Student Services**). Outcomes will be measured.

We offer professional development and consultation in the following formats:

#1: Full-day didactic and experiential workshop series for teachers, counselors, SAPIS and parents to develop their functioning as resilience coaches in their schools. Workshop series focus on *Creative Controversy: Intellectual Challenge in the Classroom; Teaching Students to be Peacemakers; Emotional Education as an Antidote to Violence in Schools; Managing Love and Hate in School Settings; Managing Anger and Aggression in School Settings; Taming the Tigers Within: Training in Conflict Resolution and Violence Prevention; Bullies and Scapegoats as a Group Phenomenon; The Emotional Health of the Group Leader: Maintaining Sanity in the Midst of Chaos; Using Children's Literature to Help Students Deal With Conflict; and Using Children's Literature to Understand and Enhance Academic, Social and Emotional Development (K-12).*

#2: Co-Leadership Training and On-going Supervision for school, district or region-based teams of teachers, SAPIS and counselors to increase their resilience coaching and co-leadership skills in leading Violence Prevention and Anger Management groups. This co-leading approach allows teachers to focus on the task (content) of each class session while the counselor or SAPIS focuses on the process. Opportunities are increased to integrate conflict resolution into the academic curriculum. Each professional supports the goals of the other, and together they support the goal of maximizing the growth of students.

All GroupWORKS facilitators are licensed mental health professionals with certification as group psychotherapists and extensive experience applying the above methods in school settings.

	A	B	C	D	E	F	G	H
Program Title(s)	Description **	Total Price Per Workshop or Program as described in the row**	Total time (in hours) of workshop or program described in Column A	Minimum Number of NYCDOE Participants PER WORKSHOP or PROGRAM 20% flexibility in these numbers	Maximum Number of NYCDOE Participants PER WORKSHOP or PROGRAM 20% flexibility in these numbers	Annual Anticipated Number of WORKSHOPS OR PROGRAMS capable of providing Systemwide	Annual Anticipated Number of HOURS capable of providing Systemwide (C X F)	Extended Price (B X F)
Workshop Series for administrators, teachers, counselors, SAPIS and parents	Component #1A: Workshop Series 10 workshop series on 10 topics ranging from "Creative Controversy: Intellectual Challenge in the Classroom" to "Using Children's Literature to Help Students Deal with Conflict". (see E2, pp. 5-6, 9-14, 21-31)	\$216,000	1,080/series of 10 topics	144	300	1	1,080	\$216,000*
	1 workshop series/one topic/10 sessions (selected from E2, pp. 21-31)	\$18,000	90/ 1 topic/10 sessions	6	25	10	1,080	\$216,000* *add \$25 materials fee/participant
Empowerment Model Training for teachers, counselors and SAPIS in Classroom Based Violence Prevention & Resilience Building	Component #1B: Training for Pairs of School Personnel As Resilience Coaches to Implement Classroom Based Group Interventions. 12 pairs of teachers, counselors and SAPIS will be selected, oriented and trained to co-lead classroom presentations on violence prevention and resilience building. 2 groups of 12 each. (see E2, pp. 5-6, 10-12)	\$25,200/group	126 hours/group	4/group	12-14/group	2	252	\$50,400* *add \$25 materials fee/participant
Co-Leading GroupWORKS Programs With School Personnel in Conflict Management, Relationship Management and Leadership Development	Component #1C1: Co-leading Groups With School Personnel. Simultaneous training of educators and students in social skills and relationship management using our "Relationship Management" curriculum. Six groups of 6-12 students. Services provided weekly throughout the school year in groups led by GroupWORKS facilitators and co-led with a teacher, counselor or SAPIS. (see E2, pp. 5-6, 12-13)	\$13,800/group	69	3	12-15	6	414	\$82,800.00* *add \$25 materials fee/participant
Co-Leading GroupWORKS Programs With School Personnel in Conflict Management, Relationship Management and Leadership Development	Component #1C2: Co-leading Groups With School Personnel. Simultaneous training of educators and students in conflict management using our curriculum "Teaching Conflict Resolution Through Children's Literature". Six groups of 6-12 students. Services provided weekly throughout the school year in groups led by GroupWORKS facilitators and co-led with a teacher, counselor or SAPIS. (see E2, pp. 5-6, 13)	\$13,800/group	69	3	12-15	6	414	\$82,800.00* *add \$25 materials fee/participant

Co-Leading GroupWORKS Programs With School Personnel in Conflict Management, Relationship Management and Leadership Development	Component #1C3: Co-leading Groups With School Personnel. Simultaneous training of educators and students in group leadership using our curriculum "Group Leadership for Children". Six groups of 6-12 students. Services provided weekly throughout the school year in groups led by GroupWORKS facilitators and co-led with a teacher, counselor or SAPIS. (see E2, pp. 5-6, 13-14)	\$13,800/group	69	3	12-15	6	414	\$82,800.00* *add \$25 materials fee/participant
	** Includes consultations with regional and district personnel (Directors SPYFSS, SAPIS), principals, APs Guidance for planning & follow-up evaluation of	impact of interventions on school culture			TOTALS	5 Full Programs	2,574 hours	\$514,800.00* *add \$25 materials fee/participant
					Total	5 Full Programs	2,406 hours	\$481,200.00