

Defusing Anger & Aggression: Safe Strategies for Educators

Please use the space below to identify some of effective strategies outlined in the video for defusing anger and aggression when the following scenarios present themselves..

Managing Off-task Behavior

Definition of problem _____

Strategies _____

Responding to Provocative Behavior

Definition of problem _____

Strategies _____

Responding to Disrespectful Behavior

Definition of problem _____

Strategies _____

Reducing Agitation

Two critical steps are:

1. _____

2. _____

Establishing Limits

Definition of problem _____

Strategies _____

Responding to Crisis Behavior

Two critical steps are:

1. _____

2. _____

Discussion

- 1. While we say it is important to focus on on-task behavior, why do you think that many educators attend to off-task behavior automatically or as a first response?**
- 2. Sarah is wandering around the room chatting to individual students and disrupting class at a low level. Identify the steps you, as a classroom teacher, would use to address this off-task behavior.**
- 3. The teacher asks Jerry to return to his desk. He glares at the teacher and says, "Make me!" What would you do?**
- 4. One particular student is using a string of profanities in class which can easily be heard by the teacher. Identify the procedures you would use to address this problem with the hope of avoiding an escalation in the student's behavior.**