

FUNCTIONAL SKILLS CHECKLIST

Independent
Physical Assist
Verbal Assist
Comments:

CAN / CAN'T/ REQUIRES ASST /N/A

CLASSROOM ARRIVAL AND DEPARTURE:

1. Gets on/off bus or van
2. Walks into building
3. Finds own coat hook
4. Puts on and takes off coat/jacket/sweater
5. Pulls up zipper after started
6. Engages catch of zipper
7. Hangs coat/backpack
8. Opens/Closes backpack
9. Handles personal belongings (hats, mittens, etc)
10. Removes boots/shoes
11. Puts on boots/shoes

CLASSROOM/PLAY ACTIVITIES

1. gets up and down from floor
2. Assumes play position appropriate to activity
3. Notices obstacles in path
4. Moves over/around obstacles
5. Walks carrying lg/sm toy

6.Makes choices for play activities

7. Plays appropriately with chosen toy

TABLE TOP ACTIVITIES

1.Gets in and out of chair

2.Pulls chair up to table

3. Able to stay in adaptive or regular chair

4. Plays with messy materials

5. Gets and returns materials

6. Pushes chair away from table

CIRCLE/FLOOR ACTIVITIES

1.Able to move from standing to sitting on floor

2. Sits independently on floor

3. Frees hands for initiation

4. Maintains attention for teacher

5. Maintains own space in sitting

6. Maintains own space in standing

7. Keeps appropriate distance from other children

8. Imitates songs/fingerplays

9. Moves with group during predictable game/movement activity

10. Gets up from floor

CLASSROOM TRANSITIONS

1.Follows clean-up routine

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CAN/CAN'T/REQUIRES ASST/N/A

2. Moves with group in classroom
3. Moves to requested place in room
4. Moves between rooms with group
5. Stands in line
6. Walks in line

HANDWASHING

1. Turns faucet handles
2. Gets soap from soap dispenser
3. Rubs hands under water
4. Turns water off
5. Pulls handle for paper towels and tears
6. Dries both hands
7. Throws paper towel away

TOILETING

1. Pulls pants down
2. Steps up to toilet/sits down
3. Uses toilet paper
4. Pulls pants up
5. Flushes toilet
6. Washes hands after toileting

SNACK

1. Carries tray to table

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CAN/CAN'T/REQUIRES ASST/ N/A

2. Drinks from open rim cup(describe cup if other)

3. Returns cup to table

4. Feeds self finger foods

5. Scoops food onto spoon

6. Eats food neatly with spoon

7. Eats variety of foods

8. Puts away cup/throws away napkin

MOTOR/THERAPY ROOM

1. Climbs on/off riding toy

2. Moves riding toy with feet or pedals

3. Goes up/down stairs

4. Plays on swing

5. Throws/catches ball

6. Kicks ball

7. Jumps off trampoline/object

8. Hops in place on either foot

9. Runs

10. Open/closes door

List developed by Laurie Nelson, OTR

Comments/Concerns: