

Steps for Creating a Mealtime Plan

1. A child is identified as having a feeding difficulty
2. Review the speech folder, main file, and consult with nurse for any diet restrictions, alerts, feeding history and professional evaluations
3. Contact the parent to obtain a feeding history, medical history that may impact the child's current feeding abilities, and information on how the child is being fed at home currently
(complete a ***Caregiver Mealtime Interview Form***)
4. Contact the prior speech therapist to obtain feeding therapy history, if applicable
5. Set up time to collaborate with your school based team, including related service providers, nurse, classroom teacher and paraprofessionals.
6. Observed the students positioning and feeding for mealtime.
7. Initiate your collaborative assessment, one of the following forms should be used:
 - a. ***Eating Skills Screening Form*** OR
 - b. ***Comprehensive Feeding assessment***
8. Set up a time to discuss your findings with you fellow related service providers, nurse, classroom teacher and paraprofessionals. Determine what feeding goals will be prioritized (utilize ***Mealtime Plan Checklist*** as a guide for goal selection).
9. Develop and write up your ***Mealtime Plan Form***.