



PARENT POWER

PARTNERSHIP WITH PARENTS



ELIMINATING EXCUSES!

VOLUME 6 ISSUE 3

Happy African-American Month

COY L. COX SCHOOL

SATURDAY EMPOWERMENT SESSIONS

~Blackfoot U-Ahk
Parent Coordinator

The Super Saturday program is getting stronger. January's Super Saturday had thirty parents and over twenty children participate in our program. We anticipate more parents and children to participate in our February Super Saturday on Saturday February 27th.

The first hour was facilitated by me. With the support of the PTA I was able to provide parents with vital information on "how to" strategies when stumped with obstacles as it relates to their child(ren) and or themselves. We reviewed the Power Parent "What it takes" sheet, we reviewed ARIS (Achievement Reporting and Innovation System), we spoke of individual concerns, and reviewed methods and procedures when confronted with problems in general.

Each parent was provided a calendar to mark up-and-coming events, pen, newsletter, and Power Parent t-shirts. Refreshments were served and their children participated in the Super Saturday Youth Program.

The Empowerment Parent Training was then followed by our guest speakers, and then our general PTA meeting resumed. Our next Super Saturday will include teaching you how to access ARIS, register for the June 2010 Walk Now For Autism walk, set up email accounts, and



30 parents attend January's Super Saturday
The Parent Power PTA at P.369k is growing every Saturday. Parents are encouraged to come out and enjoy the benefits of information, empowerment strategies, presentations, etc..

basic Internet navigation skills. I will also provide Power Parent composition books for all parents, and calendars for parents who missed the January session. We will also provide Parent Power t-shirts for all new parents. Refreshments and lunch will be served. Remember, we do have our Saturday Youth Program, so you may bring your child(ren).

We look forward to seeing you at the next Super Saturday following the Mid-Winter Recess. Thank you for participating and making a difference..

PARENT POWER

~Dina Williams
2009-2010 PTA President

Many thanks to all of you for your attendance at the last PTA meeting. I was so pleased to see so many parents in attendance and ready to participate in the PTA empowerment program.

Our 2010 agenda is sure to be a success with your continued support and participation. The best way to be able to participate is to stay informed. Here are some helpful tips: always read your P.369k Parent Power newsletter and make a record of upcoming dates, come whenever possible to our Outreach Wednesdays, and last, but not least, come out to every PTA Super Saturday program.

I look forward to seeing you at the next one on February 27, 2010 at 12:00pm.

\$15,000

To P.369k

AFTER SCHOOL PROGRAM

~Blackfoot U-Ahk
Parent Coordinator

P.369k's E.S.L. (English as a Second Language) teacher Jeremy Booth applied, and was approved for a 15,000 grant. The grant is used for an After-School Program designed to meet the needs of our ESL students.

Mr. Booth provides E.S.L. instruction to students who come from home languages other than English. He serves students at four of

Continue on Page 3

School starts promptly at **8:20am**
and dismissal is at **3:10pm**



Breakfast starts at **8:20am**

www.P.369k.org

383 State St.
Bet. Nevins & Bond St.
Brooklyn, NY 11217

(718) 852-1701 School
(718) 624-6746 Fax
(347) 563-5457 Parent Coordinator



NO SCHOOL

MONDAY FEB. 15TH
THROUGH
MONDAY FEB. 22ND
MID-WINTER RECESS

**RETURN ON TUESDAY
FEB. 23RD**



PARENT POWER

PARTNERSHIP WITH PARENTS



BCID

BROOKLYN CENTER FOR INDEPENDENCE OF THE DISABLED, INC.

~Ms. Ruth and Ms. Laura
Workshop Coordinators

FOURTH MONDAY WORKSHOP SERIES

Please join us for information about services that your child with disabilities is eligible to receive.

FEBRUARY 22, 2010
TIME: 10AM - 12PM

TOPIC:

Law? What Law? You have legal rights to obtain educational services for your child with disabilities. This workshop presents an overview of laws relevant to the rights for a free and appropriate education.

PARENT CENTER WORKSHOPS

are held at

BCID-27 SMITH STREET,
Brooklyn, NY 11201

(between Livingston and Flatbush Avenues).

Contact Laura or Ruth for information and confirmation.

Refreshments will be served!

We welcome you!

Phone: 718/998-3000

Fax: 718/998-3743

TTY: 718/998-7406

ePOWER

CHILDREN'S

SATURDAY PROGRAM!

FEBRUARY 27TH AT 12PM SHARP

383 STATE STREET

ACTIVITIES FOR YOUR CHILDREN

ARIS PARENT LINK

~Br. Blackfoot U-Ahk
Parent Coordinator



The Achievement Reporting and Innovative System, also known as ARIS, is available to you at home by way of the internet, or you may come to the Main Site for access and navigation training. This training will be provided every Wednesday during the New Outreach Wednesdays Series. You may come anytime between 10am and 12noon and receive specific instructions on how to access ARIS. I will also provide training during our Super Saturday Program. The next Super Saturday program will take place at the Main Site on Saturday February 27th at 12noon.

During both training sessions I will help you start accessing your child's biographical and academic information online through a new system for parents called **ARIS Parent Link**.

This link will direct you to your child's assessment data and biographical information. Each student has their own personal profile page that will show your child's progress report, quality review, the learning environment survey, and the state report card. It also contains ELL/IEP statuses, Acuity Predictives in ELA and math for Grades 3-10, New York State tests, Regent exams, RCT's and much more.

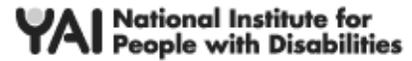
To learn more about the **ARIS Parent Link (APL)** please contact me so that you may participate in the ARIS Parent training (during our Super Saturday Parent Training and our Outreach Wednesdays). If you are already accessing APL and have some additional questions, please feel free to call me at (347) 563-5457 or at the Main Site at (718) 852-1701 ext. 3001.

Thank you and I look forward in seeing you.



AUTISM

PREVALENCE RISES TO 1 IN 110 CHILDREN



The Centers for Disease Control and Prevention (CDC) recently released a new study stating that autism now affects 1 in every 110 American children and 1 in 70 boys. Until recently, the CDC had been saying autism occurred in 1 in 150 children. This new research confirms that autism is a real crisis and that early intervention services and state-of-the-art training and supports are more important than ever.

Doctors and researchers do not know what causes autism, but researchers are investigating possible genetic and environmental causes. Dr. Charles Cartwright, Director of **YAI'S Autism Center**, spoke on CBS' "Eye on New York" about the growing crisis.

As leaders in the field of developmental disabilities for over 50 years, the **YAI Network** is committed to providing top quality diagnosis, treatment and supports to people with autism spectrum disorders of all ages and their families.

YAI is currently pre-registering caregivers for their Free Family Support Series for parents and caregivers of people with ASD. The informative sessions will take place in January and February and include important topics such as Ten Resources Every Parent Should Know About, Gastrointestinal Issues and Autism, Psychotropic Medication: Opportunities and Challenges and Autism and 10 Ways to Encourage Socialization:

WHAT PARENTS CAN DO. Pre-registration is required by calling **YAI LINK at 212-273-6182.**



PTA MOTHER'S DAY FUNDRAISING COMING MARCH 2010



PARENT POWER

PARTNERSHIP WITH PARENTS

CHILD SAFETY & PROTECTION PROGRAM

PRESENTED BY
NEW YORK LIFE INSURANCE
COMPANY

THE COMPANY YOU KEEP



CHILD ID PHOTOS & FINGERPRINTING
PROVIDED BY
NEW YORK LIFE INSURANCE
COMPANY

For over 160 years, New York Life has been committed to making a difference in communities across the country. Since protecting families is at the heart of what we do, hosting a Child ID Festival is just another way New York Life is serving the needs of local families.

*Bring your family and friends.
We look forward to seeing you there!*

P.369K'S PTA SUPER SATURDAY

FEBRUARY 27, 2010
12pm - 2pm

383 State Street
Brooklyn NY
FREE

NY LIFE AGENTS

BEVERLEY WALKER
646-227-8520 718-619-5456

VANESSA ALDRIDGE
646-227-8531 914-414-2100

RSVP: It is important to ensure that there are enough ID cards.



Continued from Cover Page

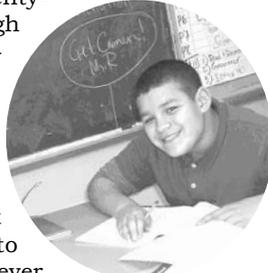
ESL APPROVED GRANT

our sites. He works collaboratively with Ms. Hilda Arias, our new part time ESL teacher. P.369k welcomes Ms. Hilda Arias!



Mr. Booth states that the Title III Grant, which is funneled through District 75 from the Federal Government, kinda "fell into our laps". P.369k was "entitled to the grant". Mr. Booth built an after-school

program that may hold a capacity of twenty-four 6th through 8th grade students, and it runs from 3:10pm to 4:40pm on Tuesdays and Thursdays. It may appear to be small, however the impact is great and the service is justifiable. There's about an hour and thirty minutes of instruction, snacks are served, and about ten minutes of recreation time is given. During instruction, students receive small group instruction by P.369k teachers. The ratio is 3:10, three teachers to every ten students.



If you have more questions about the program you may call Mr. Booth at (718) 852-1701. Thank you Mr. Booth! Great Job!!



ELIMINATE EXCUSES

He that is good for making excuses is seldom good for anything else.

~Benjamin Franklin

SCHOOL'S IN SESSION ALERT!



SLOW DOWN!

~ WHEN YOU SEE A SCHOOL BUS



~ GIVE A SCHOOL BUS THE RIGHT OF WAY -

REMEMBER,
"CHILDREN COME FIRST"



STOP!



~ WHEN A BUS IS LETTING CHILDREN OFF THE SCHOOL BUS



~ WHEN A BALL BOUNCES IN THE STREET

~ WHEN A CHILD RUNS IN THE STREET



COME LEARN DIFFERENT STRATEGIES DEALING WITH YOUR ISSUES AND CONCERNS PROFESSIONALLY! FROM 12:00PM - 1:00PM COME GET EMPOWERED!

CALL: 347-563-5457
FOR MORE INFORMATION

"No two children ever learn in quite the same way, no one approach to learning has been effective for all learners."

~Mary K. Lose



2010 NYC Walk Now
for Autism Speaks event on Sunday,
June 13, 2010 at the
South Street Seaport

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." - Margaret Mead

We, by the sheer force of our combined passion, commitment, and numbers will move this field forward to find effective treatments and a cure for this devastating neurological disorder called autism.

With your participation and support, we can get there even faster.

REGISTER TODAY

with the
P369K PARENT POWER TEAM



**MESSAGE FROM THE
DEPARTMENT OF
EDUCATION:**

**PARENTS CAN SIGN UP FOR
SCHOOL ALERTS**

It's easier than ever to stay updated about events affecting your child's school. If school opens late or dismisses early, or if it relocates or closes temporarily because of bad weather or other unexpected events, you can now receive an update in real-time via phone, text message, or e-mail. Families can sign up to receive school updates for up to five specific zip codes through Notify NYC, the City's public notification system. To sign up for the free service call 311.

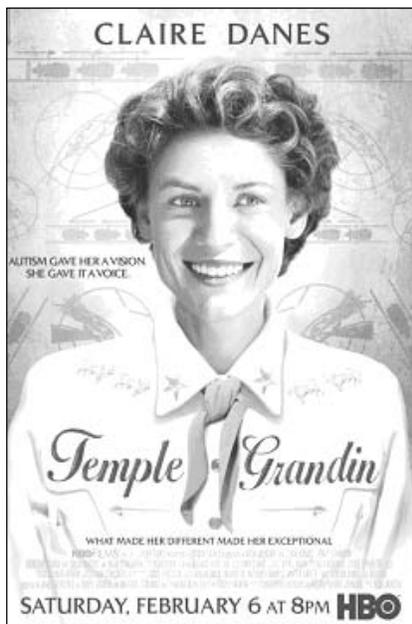


**TEMPLE
GRANDIN**

HBO's "Temple Grandin" Tells the
Inspirational Story of
Autism Advocate
Who "Thinks in Pictures"

On February 6th at 8PM (ET/PT), HBO will premiere an original film based on the inspirational true story of Temple Grandin, starring Claire Danes. "Temple Grandin" paints a picture of a young woman's perseverance and determination while struggling with the isolating challenges of autism. Temple is a highly successful doctor of animal sciences, a best-selling author, and an internationally renowned autism advocate.

Information related to autism and the HBO film will be displayed in all 775 Barnes & Noble stores and at bn.com/templegrandin, including a free, downloadable coloring book that tells Temple's story through illustrations created by artists with autism. You can download the coloring book through February 17 at bn.com/templegrandin and at HBO.com.



"Temple Grandin"
Starring Claire Danes
Premieres Saturday, February 6th at
8PM (ET/PT)



**RCSN
RESOURCE DIRECTORY**



Dear RCSN Friends,

We're writing you with exciting news about Resources for Children with Special Needs (RCSN)'s Database on the Web - a resource that you and thousands of New Yorkers have used since 2005 to find services for children and youth with disabilities and other special needs.

Today we are launching the new RCSN Resource Directory, a free website to search for and list services for children and youth with special needs, which will replace RCSN's Database on the Web. The web address - www.resourcesnyc-database.org - will stay the same, but you'll notice a new look and many new features, like maps to show you what resources are closest to you, different ways of searching, and the ability to update or add your organization's listing in the Directory.

As we make this switch, we ask you to join us in this process. RCSN staff and volunteers have been hard at work for the past year updating information to get the new RCSN Resource Directory ready, while technology and cost constraints prevented the old Database on the Web from being updated with new information. There's still more work to be done to get each RCSN Resource Directory listing as current and accurate as you've come to expect from RCSN, so please partner with us to ensure the Directory is the up-to-date information source New York families need and deserve.

HERE'S HOW YOU CAN HELP:

~ Contact us if your organization's listing needs updating. We'll walk you through how to log in and update your organization's information.

~ Don't see your organization listed? You can click here to add your resource to the Directory.

Continue on Page 7



PARENT POWER

PARTNERSHIP WITH PARENTS

STUDENTS OF THE MONTH

ALTERNATE ASSESSMENT UNIT
@ STATE STREET

P369K
JANUARY 2010

CLASS Y19

Rohan Andrews is Y19's student of the month because of his outstanding progress. He has been working alongside Ms. Garcia during our morning rotation and center time, where he has increased his ability to transition from one task to another when rewarded with a book of his choice!



CLASS Y20

The student of the month of January for Class Y20 is **Raiyan Bhuiyan**. He has shown great improvements in using his words to make requests.



CLASS Y21

Class Y21's student of the month for January is **Steven McNiff**. He has been demonstrating less aggressive behaviors and acting more appropriately in class. He is participating more in classroom activities and is using his communication device independently.



CLASS Y22

Gabriel Webster has been chosen as the student of the month for January. He has really made an effort to interact both academically and socially within his educational environment. He has been very rewarding to work with.

CLASS Y24

We have selected **Adrian David** for our student of the month. He has independently completed his TouchMath worksheets for three days straight. He has also increased his communication in the classroom. Great job!



CLASS Y25

Dorothy Shackelford is our student of the month for January. She is progressing very nicely. She is focusing and paying more attention on academic lessons in the classroom. She also tries to help others in the classroom by putting up their chairs and fixing their desks.



CLASS Y26

Adam Ortega is Y26's student of the month! Adam is a role model for his classmates. His spontaneous language has increased dramatically since September. Adam's sense of humor is a welcome delight to our classroom.



CLASS Y27

The student of the month is **Christopher Harding**. Chris is an excellent role model to his fellow classmates. He comes to school with a smile and ready to learn. He is very smart and always works very hard. He is respectful to his peers and teachers, and is a pleasure to have in class.



CLASS Y28

Kelis Rufus is Y28 February student of the month because she has made outstanding progress with her language and socialization skills. Kelis is now greeting her classmates independently; she is also using her language functional by making spontaneous request throughout the day.



STUDENTS OF THE MONTH

ALTERNATE ASSESSMENT UNIT
@ P.5k

V60 PETER PADMORE

V61 ESEAN JOSEPHS

V62 ANDREA BROWN

AND JYNIAYA ALLEN

V63 OMAR DASILVA

SUSAN MACHOVER

Unit Coordinator

P.369k@P.5k

CHILDREN'S

SATURDAY PROGRAM!

FEBRUARY 27TH AT 12PM SHARP

383 STATE STREET

ACTIVITIES FOR YOUR CHILDREN



PARENT POWER

PARTNERSHIP WITH PARENTS

BUSSING ISSUES OR CONCERNS?

COME TO THE WORKSHOP THAT WILL HELP YOU UNDERSTAND!

PS. 231K IN COLLABORATION WITH P.369K



PRESENTS:

PUPIL TRANSPORTATION

ADDRESSING PROBLEMS ARISING WHEN STUDENTS WITH SPECIAL NEEDS RIDE A SCHOOL BUS TO AND FROM SCHOOL

~James Lola & Blackfoot U-Ahk
Parents Coordinators

If you ever have issues with your child's bus transportation, this workshop is for you. Know your child's rights, learn how to make sure they are respected, and hear what you can do if there are problems.

Presented by
Ruth DiRoma, *Outreach Specialist*
from
The Brooklyn Parent Center

TUESDAY FEBRUARY 23RD
10:00am - 12:00pm

Central Library
Grand Army Plaza
2nd Fl. Meeting Room
Brooklyn, NY

With support from
The Brooklyn Public Library's
The Child's Place for
Children with Special Needs
www.brooklynpubliclibrary.org

ASL interpretation provided with advance request.

For more information, call
718.253.4948 (voice) or
718.253.5034 (TTY).

or Your Parent Coordinators
James Lola (347) 563-4425 PS.231k
Blackfoot U-Ahk (347) 563-5457 P.369k

PET THERAPY AT P.5K

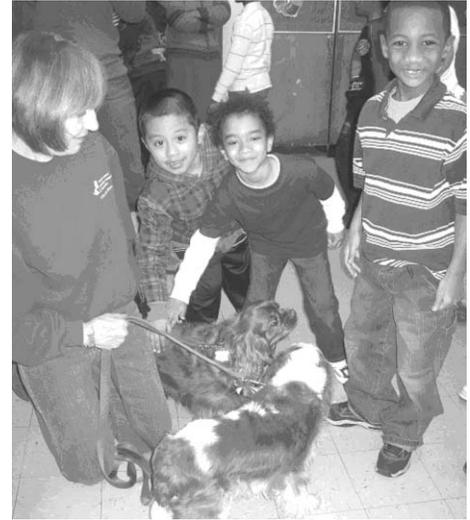
NORTH SHORE ANIMAL LEAGUE

North Shore Animal League America's Shelter Pet Outreach Team (SPOT)* program brings hope and love back into the lives of people who are alone, ill or live in specialized care facilities.

These types of animal-assisted activities have been widely recognized to have therapeutic effects such as reducing stress and calming anxiety. These lovable animals put smiles on the faces of residents, and for those who are no longer able to care for a pet, they can help recall happy memories of pets from their past.

Pet Outreach volunteer Tamara and dogs' Max and Charles

(Cavalier King Charles Spaniels) visited P.5k students. Our students were very receptive and awed by their performance and presence.



DEPRESSION AND BIPOLAR AWARENESS:

FROM DIAGNOSIS TO REMISSION

IN COLLABORATION WITH SUNY DOWNSTATE MEDICAL CENTER, THE NEW YORK CITY CHAPTER OF THE AMERICAN FOUNDATION FOR SUICIDE PREVENTION

PRESENTS:

A FREE broadcast program
"DEPRESSION AND BIPOLAR AWARENESS: FROM DIAGNOSIS TO REMISSION" to New York City.



This one-hour program features medical experts and a panel of patients and family members talking about their experiences, the benefits of treatment, and recovery. The hope is that those who watch the program will come away with the understanding that depression is a treatable illness and can affect anyone.

Achieving and maintaining wellness are realistic goals for most patients. The best way to prevent suicide is to recognize and treat depression.

For more information, please click **WEBSITE LINK:**
www.afsp.org/depressionbroadcast

PLEASE JOIN US ON
Wednesday, February 24, 2010
5:30 pm - 8:00 pm
SUNY Downstate Medical Center,
Health Science Education Building
395 Lenox Road, Alumni
Auditorium (first floor),
Brooklyn, NY 11203.

PUBLIC TRANSPORTATION
Subway: # 2 or 5 and get off at
Winthrop Street Station
Buses: B44 and B12
(Nostrand and Clarkson Ave)

TO REGISTER
Email to: mhenning@afsp.org with
your first and last name or
Call: 718-388-8649

EVENT INFORMATION
5:30pm - 6:00pm
Refreshments and Registration
in Atrium

6:00pm - 7:00pm
Broadcast in Auditorium

7:00pm - 8:00pm
Question/Discussion Portion will
be led by Dr. Michael Myers,
Dr. Jean Tropnas,
Dr. Ramotse Saunders, and
Dr. Jeremy Coplan



PARENT POWER

PARTNERSHIP WITH PARENTS



Continued from Page 4

~ See your favorite organization listed, but with outdated information? Forward this e-mail to your contacts there, so they can update their listing.

~ Please give us your opinion. We'd love to know what you like on the new RCSN Resource Directory and what you think still needs to be improved.

We apologize for any inconvenience this switch might cause you. If you're looking for resource information in the same format as the Database on Web, you can still purchase one of our print directories by going to www.resourcesnyc.org/publications. And, as always, if you are not able to find what you're looking for in the RCSN Resource Directory, please contact us at RCSN - 212-677-4650, we're here and glad to help you find what you're looking for.



NYFAC IS EXPANDING!

NOW HIRING FOR THE FOLLOWING POSITIONS:



FULL-TIME CASE MANAGERS

To Work in Brooklyn and Queens with the MR/DD population. Experience preferred, and must have a car. Competitive salary and benefits package available.

PART-TIME HOME SERVICE WORKERS

To Work in Brooklyn and Queens with the MR/DD population. Evening and weekend hours with

ALLERGY AND ASTHMA RESEARCH STUDY

AT SUNY DOWNSTATE MEDICAL CENTER

QUALIFICATIONS TO PARTICIPATE IN THE STUDY

- 18 years old or less than 65 years of age
- Suffer from asthma or allergic rhinitis
- Would like to have a skin test to identify what you are allergic to
- Will be willing to take a natural supplement derived from curry for 4 weeks

If you meet the requirements as stated above and is interested in being part of this study, please contact **Dr. Rodenas at 917-761-1430**. Principal Study Investigator: Dr. Rauno Joks. You will receive compensation for your participation.

YOU DO NOT QUALIFY TO PARTICIPATE IN THE STUDY IF

- You have liver or gallbladder disease
- You have eczema
- You are pregnant or considering getting pregnant during the 4 weeks that the study lasts!

FREE TUITION OPPORTUNITY

HARVARD UNIVERSITY ANNOUNCEMENT

Harvard University announced over the weekend that from now on undergraduate students from low-income families will pay no tuition. In making the announcement, Harvard's president Lawrence H. Summers said, "When only ten percent of the students in elite higher education come from families in the lower half of the income distribution, we are not doing enough. We are not doing enough in bringing elite higher education to the lower half of the income distribution. "If you know of a family earning less than **\$60,000 a year** with an honor student graduating from high school soon, Harvard University wants to pay the tuition.

The prestigious university recently announced that from now on undergraduate students from low-income families can go to Harvard for free... no tuition and no student loans! To find out more about Harvard offering free tuition for families making less than **\$60,000 a year**, visit Harvard's financial aid website at: <http://www.fao.fas.harvard.edu/> or call the school's financial aid office at **(617) 495-1581**.

our Residential Habilitation program (RESHAB) Training provided.

For more information on potential career opportunities please call Margaret Paglia at (718) 641-3441 ext. 101/104.

Fax in a resume and cover letter, ATT: Margaret Paglia at (718) 641-2228, or email to HELP@NYFAC.org

Criminal Background check and PPD testing required.

2010 CENSUS JOBS!

The U.S. Census Bureau is recruiting temporary, part-time census takers for the 2010 Census. These short-term jobs offer good pay, flexible hours, paid training, and reimbursement for authorized work-relat-

ed expenses, such as mileage incurred while conducting census work. Best of all, census takers work right in their own communities.

Census taker jobs are excellent for people who want to work part-time, those who are between jobs, or just about anyone who wants to earn extra money while performing an important service for their community.

Apply today by contacting your Local Census Office or by calling **1-866-861-2010**.



To learn more about being a census taker, short video clips are available for viewing online!



PTA

JANUARY 23RD MINUTES

P.369K Parent Power PTA

1. ATTENDING THE MEETING WERE

P369K STAFF

Ms. Keri Goldman, *Teacher*
Mr. Blackfoot U-Ahk,
Parent Coordinator

PTA EXECUTIVE MEMBERS

Ms. Dina Brown-Williams, *President*
Ms. Celia Green, *Treasurer*
Ms. Shondelle Harry, *Secretary*
Ms. Kimberly Morman,
Assistant Secretary

PTA COMMITTEE CHAIR

Ms. Louise Brown, *Fundraising*
Ms. Stephanie Dalton, *Outreach*
Ms. Shawn Hicks, *Planning and Activities*

PTA GENERAL MEMBERS

- o Joann Hillard
- o Evan Tasch
- o Majory Louis
- o Grace Newbern
- o Delia Alexander
- o Joycelyn Layne
- o Candy Lopez
- o Marilyn Alexander
- o Nadege Romulus
- o Maria Raabova
- o Deana Bailey
- o Sandra Diaz
- o Venessa Aldridge
- o Walter Diaz
- o Beverly James
- o Adrian Rufus
- o Ms. Wiggins
- o Ms. Gillias
- o Ms. Cheryl Crab
- o Liza Zinemon

PRESENTERS

Blackfoot U-Ahk
Parent Empowerment Training
Kimberly Morman - *Passport*
Beverly Walker - *New York Life*

Ms. Keri Goldman
Behavior Management

Joanne Bernard
Iyadoo Social Services

2. Meeting was called to order at 12:05pm by Ms. Celia Green. It was seconded by Ms. Dina Brown-Williams. Everyone was in favor of the time.

3. Ms. Dina Brown-Williams PTA President introduced herself and



she introduced the rest of the PTA Board members. She also introduced Mr. Blackfoot U-Ahk, Parent coordinator.

4. Mr. Blackfoot spoke about Parent Empowerment Training. He focused on parents and guardians to be involved in our children's education. We have to know who our parent coordinator is, know our child's teacher and assistant teacher, know child's principal and assistant principal, know our child's bus driver and matron. We as parents must participate in the school's Parent Teacher Association, participate in city wide activities throughout the school year. And also we must read the monthly Parent Power newsletter which is distributed every first of the month.

5. Ms. Kimberly Morman spoke a little bit about the process of filling out a passport application. Ms. Morman had some passport application she handed out to all parents. She went through the application step by step so that the parents can understand clearly how to fill out the application. She mentioned that the information given is electronic so it must be accurate.

6. Ms. Beverly Walker our next presenter was from New York Life. She spoke about the benefits of the program. There are different choices in life insurance. Ms. Walker mentioned that it is very important that you choose an agent that you are very comfortable with and that you ask questions to know how long you will pay the policy and what if you forget to pay premiums. Ms. Walker handed out pamphlets to all parents and also took their contact information for anyone who is interested.

7. Ms. Keri Goldman our next presenter spoke about Behavior Management. Ms. Goldman mentioned that she was teaching for ten years. She has seen all types of behavior. Right now there is a new intervention plan for supporting good behavior. She also mentioned that as

parents we have to learn to "say no" to our kids if they want something they can't have. She also spoke about sexuality and autism. She stated that there is a book that we can read to our kids when they reach the age of exploring their sexuality. The name of the book is called "Where do I come from". She also mentioned a website that our kids can go that is very safe.

8. Ms. Joanne Bernard was our last presenter. She is from Iyadoo Social Services. She mentioned that Iyadoo Social Services is an advocate for kids and parents. There is therapy for children that attend after-school programs. Ms. Bernard handed out pamphlets to all of the parents.

9. Ms. Dina Brown Williams thanked all the parents for coming to the meeting. She mentioned to all the parents that District 75 wants to cut all parents advocate out of the CSE meeting.

10. Mr. Blackfoot mentioned to all the parents that every Wednesday parents can come to P.369k to discuss their concerns and navigate on ARIS. He also mentioned that parents can get the pass-code for the ARIS website in which all our children information such as attendance, grades, test scores etc. exist.

11. Ms. Stephanie Dalton our PTA committee chair in charge of outreach introduced herself and mentioned to the parents that the Autism Walk is on June 13th 2010 and that they should go on the website and register under P369K Parent Power Team.

12. Ms. Green our PTA Treasurer mentioned that there is another candy sale that is coming up. She handed out pamphlets for the next PTA which will be on February 27th 2010 at 12:00 noon.

13. The meeting was adjourned at 2:45 pm and it was by PTA president Ms. Dina Brown Williams and it was seconded by Ms. Kimberly Morman. All members were in favor.





PARENT POWER

PARTNERSHIP WITH PARENTS

A Major Fundraising Event

*One Woman's Journey through Love, Family, Faith and Redemption
She gets her faith, and everything's gonna end all right*



March 12, 2010
Performance Starts: 8:00 p.m.
Doors Open: 7:30 p.m.
Medgar Evers College
Founders Auditorium
1650 Bedford Avenue
Brooklyn, New York 11225

General Admission: \$20.00
CUNY Students: \$10.00
For Ticket Info: (718) 270-5127
or email womenscenter@mec.cuny.edu

A play by Anthony Harper

Also featuring (in order of appearance): Tameka Kinnon, Fawke Childs, Tanaka Harper, Eric Linnon, Telle Tate, Genevieve S. Black, Robb Taylor, Anthony Harper and Gita Whangby

Presented by

The Center for Women's Development of **ME** MEDGAR EVERS CUNY COLLEGE

An association with

FF 3FOOD (Forging Our Own Destiny Productions, a limited liability company)

FAMILY EDUCATION SERIES

FREE WORKSHOPS FOR PEOPLE CARING FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

STRESS REDUCTION FOR FAMILIES CARING FOR CHILDREN AND ADULTS WITH DEVELOPMENTAL DISABILITIES

PRESENTERS: Mary Donahue, Ph.D. - Director of Psychology for Adult Day Services and Education Departments, AHRC

LOCATION: AHRC Cyril Weinberg Adult Day Center 32-03 39th Avenue Long Island City, NY 11101

DATE & TIME: Tuesday, February 9, 2010 from 6pm-8pm

Self-care for the caretaker is an often overlooked priority. This workshop will help participants to identify the causes and symptoms of stress and will provide a variety of stress-reduction strategies. For those who will attend YOU MUST REGISTER by providing the following information:

1. FULL NAME, 2. MAILING ADDRESS, 3. TELEPHONE NUMBER 4. EMAIL ADDRESS, 5. COMPANY NAME
- (ONLY IF THE MAILING ADDRESS YOU HAVE LISTED IS A COMPANY ADDRESS.)
6. PLEASE TELL US IF YOU ARE AN AHRC MEMBER

You may register by filling out the required information and forwarding via email to jennifer.amendola@ahrcnyc.org or donna.gifford@ahrcnyc.org

You may also call Donna Gifford at 212-780-2713 or Jennifer Amendola at 212-895-3446. Registrations can be mailed to Donna or Jennifer's attention c/o AHRC - 83 Maiden Lane New York, NY 10038 Fax number is 212-780-2353.

LOBBY DAY AND WORKSHOP:

SIGN UP TO MAKE A DIFFERENCE TODAY

STEP ONE:

Lobby Day Workshop and Training **FEBRUARY 25!**

Learn lobbying techniques and how to advocate on behalf of NAMI-NYC Metro. Come discover how you can get involved in the legislative issues that impact the mental health community. This workshop is mandatory for all Lobby Day participants and is open only to those who will attend Lobby Day.

Date: Thursday, February 25
Time: 6 to 7:30 pm

Location: **NAMI-NYC Metro:**
505 Eighth Avenue, Suite 1103
(AT 35TH STREET)
RSVP: Call the Helpline at 212.684.3264.

STEP TWO:

Join Us in Albany on **MARCH 3!**

Lobby Day is your opportunity to personally speak with elected officials and their staff about issues that matter to you! Lobby Day will also feature presentations by prominent government officials and other mental health advocates, and is open to all concerned individuals in the New York City metro area.

The bus to and from Albany is free of charge and lunch will be provided. Seating is limited, so reserve your spot today!

Date: Wednesday, March 3
Time: 7 am to 7 pm
(approximate return time) -
PLEASE ARRIVE AT 7 AM SHARP!

Location: Bus will depart from the **NAMI-NYC Metro building** (505 Eighth Avenue at 35th Street)
RSVP: Call the Helpline at 212.684.3264.

STRESS RELIEF & HEALTHY LIVING TECHNIQUES

EASTERN SELF-HEALING PRACTICES FOR THOSE LIVING WITH MENTAL HEALTH ISSUES

BREATHING, INDIAN & CHINESE YOGA, DEEP RELAXATION
(NO PRIOR EXPERIENCE NECESSARY)

Date: Thursdays
Time: 1:30-3:00 pm
Location: **BREATHING PROJECT,**
15 West 26th Street, 10th Floor
(bet 5th Ave & Broadway)

Contact: Jenna Ritter at 718.909.6493 or jenna@धारानyc.org

Fee: Give what you can (\$5 or \$10 suggested).

NO ONE TURNED AWAY



WEAR RED FOR WOMEN'S HEART MONTH

FEBRUARY EVENTS

NO SCHOOL

MONDAY FEB. 15TH
 THROUGH
 MONDAY FEB. 22ND
 MID-WINTER RECESS
 RETURN ON TUESDAY
 FEB. 23RD

MONDAYS, FEBRUARY 8 AND 22

**6:00PM - 8:00PM
 FREE**

SEASONAL AND H1N1 ("SWINE") FLU SHOTS
 FOR ADULTS AND CHILDREN
 (OVER THE AGE OF 6 MONTHS)

**SUNY DOWNSTATE MEDICAL CENTER,
 UNIVERSITY HOSPITAL OF BROOKLYN,
 PEDIATRIC FACULTY PRACTICE
 445 LENOX ROAD, SUITE D
 (FIRST FLOOR CLINIC AREA),
 BROOKLYN, NEW YORK, 11203**

PLEASE TELL THE SECURITY PERSONNEL IN THE
 HOSPITAL LOBBY THAT YOU ARE COMING FOR
 AN INFLUENZA VACCINATION AND THEY WILL
 DIRECT YOU TO THE PROPER LOCATION.
 NO APPOINTMENT IS NECESSARY.
**FOR MORE INFORMATION,
 PLEASE CALL 1-888-270-7869.**

WEDNESDAY, FEBRUARY 10

3:00 PM - 4:30 PM
FREE

DOWNSTATE HEALTHY HEART CLUB
 WEAR RED FOR WOMEN'S HEART MONTH
 THIS IS AN EDUCATION AND SUPPORT GROUP
 FOR THOSE WHO HAVE HAD HEART SURGERY
 AND HEART DISEASE.

TOPIC:

**EVERYTHING YOU NEED TO KNOW
 ABOUT STENTS**

SPEAKER: DR. UZODINMA DIM, DIVISION OF
 CARDIOVASCULAR MEDICINE
 SUNY DOWNSTATE MEDICAL CENTER,
 HEALTH SCIENCE EDUCATION BUILDING,
 CLASSROOM 1B
 395 LENOX ROAD, BROOKLYN, NY.
 NO RSVP IS REQUIRED.
 FOR MORE INFORMATION CALL
 718-270-2133

WEBSITE:

WWW.DOWNSTATE.EDU/COMMUNITYHEALTH/HEALTHYHEART.HTML

THURSDAY, FEBRUARY 11

6:00pm - 7:00pm

Tobacco Education Program and
 Smoking Cessation Support Group
 (except holidays)
 The Center for Community Health
 Promotion and Wellness offers
FREE smoking cessation
 and tobacco education sessions

SUNY DOWNSTATE MEDICAL CENTER

University Hospital of Brooklyn
 445 Lenox Road, Sodexho Court
 (near the cafeteria area)
 Brooklyn, NY 11203

Must call 718-270-7673 to register.

WEBSITE:

www.downstate.edu/communityhealth/
 smokingcessation.html

WEDNESDAY, FEBRUARY 24

4:00pm - 5:30pm
FREE

The 4 O'clock Diabetes Club
 for children and teens
 (tentative date)

SUNY DOWNSTATE MEDICAL CENTER,
 Student Center Card Room
 394 Lenox Road, Brooklyn, NY 11203

Registration is required at 718-270-3739 or
 email: betty.jung@downstate.edu

WEBSITE:

http://www.downstate.edu/community-
 health/teendiabetes.html

THURSDAY, FEBRUARY 25,

**6:00pm - 8:00pm
 FREE**

The Daniel Hale Williams Society
 PRESENTS
 "Overweight?? Obese??"
 Caribbean Cultural Conference

If you are interested in losing weight
 and living a healthier lifestyle, you are
 invited to join us for a panel discussion
 of obesity, its consequences,
 and prevention.

SUNY DOWNSTATE MEDICAL CENTER,
 Health Science Education Building
 395 Lenox Road, Alumni Auditorium,
 Brooklyn, NY 11203.

For more information Email:
 felix.pacheco@downstate.edu OR
 renelle.pointdujour@downstate.edu

FRIDAY, FEBRUARY 26

6:30pm - 7:30pm
FREE

The Downstate Stroke Club/
 Support Group

Support group meets the last Friday of
 every month (except for December)
 Our goal is to provide members who
 had a stroke or TIA (mini stroke) and
 their family members peer support
 needed to live with stroke condition.

SUNY DOWNSTATE MEDICAL CENTER,

University Hospital of Brooklyn
 445 Lenox Road, Nursing Station 71
 Patient Lounge (7th Floor).
 For More Information
 call 718-270-3739.

WEBSITE:

www.downstate.edu/communityhealth/
 strokeclub.html



RECEIVE MATERIALS & STRATEGIES
SUPER SATURDAY

BE THERE!

FREE CHILDCARE & REFRESHMENTS

PARENT POWER

PARENT TRAINING!

**FEBRUARY 27TH AT 12PM SHARP
 383 STATE STREET**

SUNDAY, FEBRUARY 28

**HOLY CROSS ROMAN CATHOLIC
 CHURCH HEALTH FAIR
 10:00 am - 2:00 pm**

FREE

COMMUNITY HEALTH LECTURE ON "HEART
 HEALTHY DIET" AND BLOOD PRESSURE
 AND DIABETES SCREENING
 2530 Church Avenue, 2nd Floor
 Auditorium, Brooklyn, NY

For More Information
 call 718-270-2889



ENJOY YOUR MID-WINTER RECESS!

EVERY TUESDAY

FREE

MOMMY AND ME GROUP
(for mothers with new babies)

HOLY CROSS ROMAN CATHOLIC

Meet Once a Week on Tuesdays
for 5 weeks 1:30pm - 3:30pm

THIS IS A 5-WEEK SERIES GROUP MEETING TO MEET OTHER NEW MOMS AND THEIR BABIES, DISCUSS INFANT NUTRITION, SLEEP HABITS, WELL BABY CARE, BREASTFEEDING, LEARN INFANT MASSAGE, STRESS REDUCTION FOR NEW MOMS, CPR AND WHAT TO DO ON AN EMERGENCY, AND PRIZES FOR BABIES AND LUNCH FOR MOMS.

FOR MORE INFORMATION AND TO REGISTER CALL 718-270-1636

EVERY MONDAY

FREE

(EXCEPT HOLIDAYS)

Breastfeeding Support Group
9:00am - 11:00am

SUNY DOWNSTATE MEDICAL CENTER

University Hospital of Brooklyn
470 Clarkson Avenue
Brooklyn, NY 11203
Call 718-270-2116 to register.

EVERY MONDAY

(EXCEPT HOLIDAYS)

FREE SCREENINGS

5:00pm - 7:30pm

CARDIAC RISK ASSESSMENT
SCREENING
(for adults only)

FAMILY HEALTH SERVICE

840 Lefferts Ave., B'klyn, NY, 11203

EVERY WEDNESDAY

(WILL INCLUDE ASTHMA SCREENING WITH PEAK FLOW METER TEST)

11:00am - 3:30pm

SUNY DOWNSTATE MEDICAL CENTER,

University Hospital of Brooklyn
470 Clarkson Ave, Suite C
Brooklyn, NY 11203

NO APPOINTMENT IS NEEDED - TO HELP PATIENTS KNOW THEIR RISK FOR HEART DISEASE, THE CLINIC STAFF PERFORMS A COMPREHENSIVE CARDIAC RISK ASSESSMENT AND OBTAINS GLUCOSE, CHOLESTEROL, BLOOD PRESSURE, HEIGHT AND

WEIGHT MEASUREMENTS. ALL PATIENTS RECEIVE INSTRUCTIONS ON PREVENTION, INCLUDING NUTRITION AND LIFE-STYLE MODIFICATION AS WELL AS EDUCATIONAL LITERATURE TO PROMOTE HEART HEALTH.

For More Information call
718-270-7673 or 718-270-8846 or
718-270-3739.

WEBSITE:

www.downstate.edu/communityhealth/cardiacscreening.html

TUESDAYS OR WEDNESDAYS

6:30pm - 8:30 pm

FREE

**EXPECTANT FAMILY
EDUCATION CLASSES**

4-WEEK SERIES ON CHILDBIRTH PREPARATION CLASSES.

CLASSES FOR EXPECTANT PARENTS WILL INCLUDE LABOR AND DELIVERY PROCESS, BREATHING, RELAXATION TECHNIQUES, TOUR OF BIRTHING CENTER, SIBLING SESSIONS, AND NEWBORN CARE.

SUNY DOWNSTATE MEDICAL CENTER

Health Science Education Building
395 Lenox Road
Brooklyn, NY 11203

Registration is required. Leave your name, home number and expected date of delivery and the best time to call at

718-270-8846 or 718-270-8245.

WEBSITE:

www.downstate.edu/communityhealth/expectantfamilyeducation.html

EVERY WEDNESDAY

(except holidays)

1:00pm - 4:00pm

or by appointment

FREE NICOTINE

REPLACEMENT PROGRAM

(Nicotine Patches and / or Lozenges)

SUNY Downstate Medical Center,

University Hospital of Brooklyn

470 Clarkson Avenue, Suite C

Brooklyn, NY 11203

Call 718-270-7673 for more info.

**MR. DIAZ LOGS-ON TO ARIS
DURING OUTREACH WEDNESDAYS!**



MONTHLY PARENT MEETINGS

Parents are welcome to attend every monthly "Super Saturday" meeting to discuss issues, concerns, etc. We provide childcare, refreshments, workshops & activities. All meetings are held at the main site (P.369k) Meeting starts at 11:00am sharp and end at or around 2:00pm. Gymtorium!

PTA SUPER SATURDAY MEETINGS

FOR THE

2009-2010 ACADEMIC YEAR

SATURDAY **FEB. 27TH**, 2010

SATURDAY **MARCH 20TH**, 2010

SATURDAY **APRIL 17TH**, 2010

SATURDAY **MAY 15TH**, 2010

SATURDAY **JUNE 12TH**, 2010

SCHOOL LEADERSHIP TEAM

Meetings will start 9am - 11am.

Eight (8) parents will be needed for this team. Each parent will receive \$300 at the end of the school year. You must attend each SLT monthly meeting. All meetings will take place at the Main Site.

SLT MTG. FOR 2009-2010

WEDNESDAY **FEB. 24TH**, 2010

WEDNESDAY **MARCH 24TH**, 2010

WEDNESDAY **APRIL 28TH**, 2010

WEDNESDAY **MAY 12TH**, 2010

WEDNESDAY **MAY 19TH**, 2010

IF YOU HAVE ANY FURTHER
QUESTIONS PLEASE CONTACT

MR. MARK MALIAROS

UFT CHAPTER LEADER

(718) 855-6838



PARENT POWER

PARTNERSHIP WITH PARENTS

P.369k has **nine** sites and we serve three populations: children with **emotional differences** (ed), children with **autism** (au), and **children with intellectual differences** (id) - (formally termed mental retardation).

Our 2009 - 2010 sites are listed below.

ADMINISTRATION

- Rudy E. Giuliani, **Principal**
- Ms. Elizabeth Rueda-Mattock, **AP**
- Mr. Jason Albin, **AP**
- Ms. Janine Nardone, **AP**
- Ms. Dorothy Collins, **AP**



Blackfoot U-Ahk,
Parent Coordinator

(347) 563-5457
(718) 852-1701
ext. 3001

bu-ahk@schools.nyc.gov
bu-ahk@p369k.org

P.369k Coy L. Cox School



Class V17

We don't make excuses! We eliminate them!

Coy L. Cox Schools

P.369K (Main Site)	383 State St.
P.369k @ P.5k	820 Hancock St.
P.369k @ P.56k &	
P.369k @ MS.103 (Satellite III)	170 Gates Ave.
P.369k @ P.67k	51 St. Edwards St.
P.369k @ P.261k	314 Pacific St.
P.369k @ IS.117	300 Willoughby Ave.
P.369k @ Academy of I.L. HS	283 Adams St
P.369k @ Westinghouse HS	105 Tech Place

Site Coordinators

Mr. Jamie Kijowski (au)	852-1701 x2023
Ms. Susie Gournelos (ed)	852-1701 x2022
Ms. Susan Machover	443-7696
Ms. Lisa Wildenberger	636-1268
Ms. Ana-Maria Tubito (ed)	855-6838
Ms. Lenora Quirkee (au)	855-6838
Ms. Nancy Storms	330-9275 x318
Mr. Sal Gomez	230-4087
Ms. Danielle Charles	260-24401
Dr. Gladstone Greene	625-6130



Citywide Education Council

Special Education

45-18 Court Square
2nd Floor | Room 260,
Long Island City, New York 11101
Tel: 718-752-7393 or 94
Fax: 718-752-7481
Email: ccse@schools.nyc.gov

The Citywide Council on Special Education

NEXT CCSE CALENDER MEETING

February 24th, 2010 6:30pm

LOCATION: 811Q
Queens High School of Teaching
74-20 Commonwealth Blvd,
Bellerose, NY 11426
Frank Padavan Campus.

Registration will be at 6pm.



TOPIC:

Transition-High school to College and/or Trade School.

INVITED GUEST:

Ms. STELLA WOODROFFE,
PROGRAM MANAGER
KINGSBOROUGH COMMUNITY COLLEGE



EVERY WEDNESDAY

1:00pm - 4:00pm

(EXCEPT HOLIDAYS)

FREE

NICOTINE REPLACEMENT PROGRAM

(Nicotine Patches and/or Lozenges)
Or by appointment

SUNY DOWNSTATE MEDICAL CENTER,

University Hospital of Brooklyn
470 Clarkson Avenue, Suite C

Brooklyn, NY 11203

Please call 718-270-7673

for more information.

