

# The Buzz of P993 Queens

Going and Growing Strong

VOLUME 18- JUNE

SUMMER 2009

P993Q@Benjamin N. Cardozo HS Presents

## The Great Debaters CONGRATULATIONS TO OUR DEBATE CHAMPIONS



On Thursday, May 28, 2009, in an atmosphere filled with competitive spirit, the debate team of P993Q@Cardozo High School took the stage to compete in the final round of District 75 Debate series competition.

The journey to this event began months ago in a small history class as an exercise in research, communication, writing, civic awareness and teamwork.

Debate coach, Rachel Salinas worked with her team on a continuous basis, prompting them in historical facts and oration skills as they prepared for each debate.

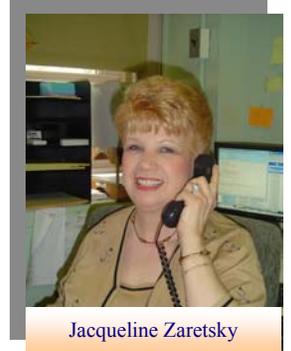
The first two series of debates were conducted live online with students presenting Pro and Con arguments on specific topics determined by District 75. Each debate challenge presented a new topic with increased levels of difficulty:

- The Electoral College
- Should Spanish be an official language?
- Should we nationalize banks?

*(continued on page 2)*

## Principal's Message

Dear Parents, Guardians and Colleagues,  
As the school year is rapidly coming to an end, it is a good time to look back and reflect on our students' and school's progress and growth.



Jacqueline Zaretsky

Our school mission has been to create environments and systems that will help our students achieve their greatest potential in academic and social skill competencies. Therefore, we want our students to be successful in school, at home and in the community. Thus, P993Q has endeavored to provide a broad range of school-wide and individualized strategies to support our students' academic and social growth. Our reading and math programs, such as Everyday Math, Early Learning Skill Builders, District 75 Literacy Units of Study in the specialized programs supporting Reading and Writing, are sound instructional tools to address a variety of student learning styles. The staff has received on-going professional development opportunities through numerous workshops and conferences.

In May of this year our annual quality review (QR) evaluation process was conducted. This year our *(continued. on page 2)*

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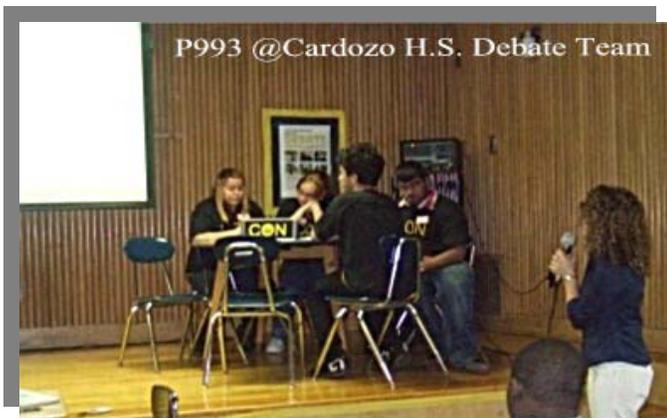
school is proud to have received a 'well developed' rating. Our positive results were no surprise to us as our staff worked tirelessly to make this happen. Our parent community also played a significant role in P993Q receiving an outstanding rating. All together our entire school community will harvest the benefits.

These activities are our commitment to excellence in teaching and professional growth. This school year has also seen a major emphasis on creating a positive school atmosphere through developing school-wide behavioral expectations. Our PBIS (Positive Behavioral Interventions and Supports) program teaches, acknowledges, and rewards appropriate social behaviors in all school environments. We view academic, social, and behavioral competence as major goals for successful student growth. I want to thank all the staff members whose tireless efforts, on behalf of our students, reflect the utmost in caring, skill and professionalism. Thank you, parents, guardians and friends, whose love and support are so crucial to the children. We are honored to be entrusted with your children's education. Please know that we are always here for you, as well as for your children. Have a happy, healthy and safe summer!

Sincerely,

Jacqueline Zaretsky, Principal

### The Great debaters (continued from page 1)



The final debate took place at P12 in the Bronx against 754Q.

P993Q students graced the stage in specifically designated tee-shirts which identified their position on the topic presented. Team members consisted of 5 students representing freshmen, sophomores, juniors and seniors in the School Phobic Program. Courtney Simon, a graduating senior preparing to

attend Culinary Arts Institute in the fall of 2009 stepped in as a last minute replacement and reviewed position points as she traveled on the bus to the Bronx.

Ezequiel Carrasco, Michael Roshan, Daniel Liriano, Aleem Mohamed, Estefania Rivera, Courtney Simon, Tamika Vazquez, Scott Schneider, Richard Friedland and Jordan Abbate used all of their skills and knowledge to debate their way to a championship win.

P993Q@Caradozo students overcame their personal obstacles, saw an opportunity, rose to the challenge and conquered their fears to bring home the winning trophy.

## Vision and Mission

The mission of P.993Q is to prepare our students for the challenges they will face as they become productive members of their communities and the inclusive world of work. Our school is committed to providing comprehensive programs, which identify and integrate the skills needed for our students to achieve positive outcomes, in all learning environments. We will enable students to develop pro-social, school and community behavior while following the Chancellor's and Department of Education's (DOE) initiatives. Empowering the students to make appropriate choices and increasing their self-esteem are major goals of our school. We supply a structured and consistent environment that provides many opportunities for success through many positive support programs. We feel strongly that our students will have positive outcomes when high expectations & educational standards are part of a cohesive & nurturing school environment.

### PARENT COORDINATOR'S NOTE

Dear Parents and Guardians:

June 26, 2009 marks the official end of the 2008-09 school year and we're happy to announce that we've had an interesting and wonderful year.

The year went by quickly and came with both successes and challenges. One of our primary challenges is to continue motivating parents to become involved in the parent association and other parent related activities; to continue convincing parents of the importance of their involvement in the school as a critical ingredient in their child's development. The successes were overwhelming.

This year our parent involvement has increased in volume and diversity, for example, we've had over twenty three parent activities, including workshops, indoor & outdoor activities, family instructional weekend programs and many others. Altogether, this represents an increase, in parent attendance of about 15%. Additionally, the parent association has had several general and executive meetings and has been functional in the school leadership (SLT) team along with executive meetings with the principal.

As a result of our aggressive parent engagement program, parents are increasingly becoming more trusting of the District 75/the school and the delivery of education and services to their children. We've also established focal leadership among parents, including identifying parent volunteers to provide support to other parents who are less experienced and are in need of assistance.

For the second successive year, we've had several activities involving parents and siblings both with and without disabilities.

The PA has scheduled its annual elections of which the results will be published in our September Newsletter. It is hoped that the results of the election will yield larger parent body with higher diversity of members. This, I'm sure would not only maintain the integrity of our PA but also raise their level of performance, which will translate into increased opportunity and overall growth.

After the elections meeting there would not be any other official PA general meeting until the start of the new school year in September-usually the third Friday of each month. However, the new PA leaders and I will be meeting in July & August to plan collaboratively for the upcoming school year. Parents I'm urging you to seize this golden opportunity! Join the PA! Contact me or any of the PA leaders for more information (see letter informing you of PA new leaders). We're also continuously looking for parent volunteers to assist with PA related activities.

Together we can and will be the strongest resource for each other and our kids.

Sincerely

Neville Waldron,  
Parent Coordinator



# Summer Safety Tips

## Important Rules for a Safe Summer

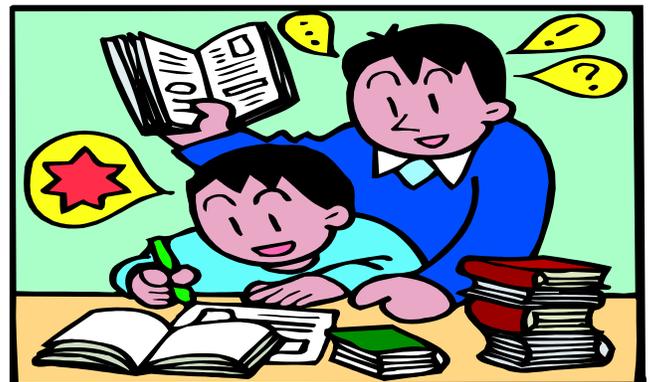
More than half of all children's injuries occur between May and August of each year. Follow these safety tips to help ensure a fun and safe summer for you and your family.

### Never Leave a Child Alone in the Car

Besides the danger of abduction, the temperature in a car can skyrocket in minutes. Even if you leave the windows down, the outside temperature can turn the inside of a car into a suffocating sauna in just minutes. Children die every year from suffering heat stroke in hot cars. If you see an unattended young child in a vehicle, call 911, the police or other emergency personnel.

### Never Leave a Child Alone in or Near the Pool

Children can drown in a matter of seconds. Drowning



typically occurs when a child is left unattended or during a brief lapse in supervision. Remember, teaching your child how to swim does not mean your child is safe in water. Keep these safety tips in mind:

- Learn CPR and keep rescue equipment, a telephone and emergency numbers poolside.
- Never rely on a personal flotation device or swimming lessons to protect a child
- Install four-sided isolation fencing, at least 5 feet high, and equipped with self-closing, self-latching gates.
- Fencing should completely surround swimming pools or spas and prevent direct access from a house or yard.
- Never allow children to dive in water less than 9 feet deep.

## Never Leave a Child in or Near Traffic Areas

- Prohibit play in driveways, streets, parking lots and unfenced yards near streets.
- Never let your child play in or around a parked car, even in your own garage.
- Teach children to never run into the street and to walk facing traffic, as far to the left as possible, when sidewalks are not available.
- Never allow children under age 10 to cross streets alone. Always provide adult supervision.
- Always obey traffic laws and maintain proper pedestrian behavior. Cross streets at a corner, using traffic signals and crosswalks.
- Instruct children to look left, right and left again when crossing a street and to continue looking as they cross.
- Make sure children wear reflective materials and carry a flashlight in low-light situations.

[www.cincinnatichildrens.org/health/yh/archives/2005/summer](http://www.cincinnatichildrens.org/health/yh/archives/2005/summer)

## EDUCATION CORNER

### PARENT WORKING WITH YOUR CHILD AT HOME

**Yes, summer is here and it is time for the kids to play and have lots of fun. However, we also need also make these fun moments educational ones. Here are some of the things you can do with your child(ren) during the holidays to help them benefit.**

#### *Parent-Child Reading Activities*

- Visit your neighborhood library and obtain library cards
- Take your child to talks by favorite authors at libraries, book stores, and community centers
- Read! Things you can read with your child include:  
Books  
Newspapers and magazines  
Labels, cereal boxes, recipes, letters, and other everyday practical materials you find around your home  
Signs and directions while traveling around the city
- Use a dictionary together to look up new words

- Play word games like Boggle and Scrabble to work on vocabulary
- Have your child read his or her favorite story and create a new ending
- Compare and contrast the movie version of a book your and your child have read together
- Create a family newsletter

#### *Parent-Child Math Activities*

- Tell time
- Make a schedule
- Cook (measure/set the oven/use a timer/divide in portions)
- Grocery shop (round/estimate/make a list)
- Count (forwards/backwards/by 2s, 5s, 10s, etc.)
- Count money/count change
- Fill out order forms
- Open a savings/checking account
- Make a budget
- Make a math spending journal
- Record the temperature (make a chart/graph)
- Record heights and weights of family members (make charts/graphs)
- Read maps (road/subway/bus/atlas/neighborhood)
- Estimate and measure (rooms/heights/things around the house)
- Estimate (quantity/distance/time/money)

*Source: NYC Family Guide 2007 - 2008*



### **Translation and Interpretation Services**

The DOE Translation and Interpretation Unit offers over-the-phone interpretation services in over 150 languages to all schools during regular business hours, and during all scheduled evening Parent-Teacher Conferences.

## SCHOOL BUS - REMINDERS



The following rules are intended to make your trip to and from school both safe and enjoyable. Seat belts and their usage on yellow school buses is an area of transportation that has generated a great deal of interest. Many parents and educators are requesting information about seat belt usage on yellow school buses.

**Section 383 of the Vehicle & Traffic Law** - requires seat belts for school buses transporting general education students only on vehicles manufactured after July 1, 1987. At the time the law was enacted there was no provision requiring that buses be retrofitted with seatbelts nor is there a law requiring that seat belts, where provided on large general education buses, be used. The only students mandated by the NYC Administrative Codes Sections 19-601, 19-602 and 19-603 to wear seat belts are special education students.

**The Office of Pupil Transportation** - will work toward providing schools with buses equipped with seat belts if requested and if procedures are enacted by the school that will ensure their proper use. In order to ensure that seat belts, once provided, are properly used, it is necessary for a seat belt safety plan to be developed which includes: the name of the staff member who will be responsible for ensuring that students are belted in, specification of the training that will be given to students, and a description of the disciplinary action that will be taken should students refuse to wear their safety belts. It is recommended that parents of the students receiving service be consulted in the development of that plan. (source:<http://www.opt-sfns.org/opt/>)

<http://schools.nyc.gov/offices/translation/languages/>



## Animal facts

- Rats breed so quickly that in just 18 months, 2 rats could have created over 1 million relatives.
- The blue whale can produce the loudest sound of any animal. At 188 decibels, the noise can be detected over 800 kilometres away.
- Horses and cows sleep while standing up. Giant Arctic jellyfish have tentacles that can reach over 36 metres in length.
- Locusts have leg muscles that are about 1000 times more powerful than an equal weight of human muscle.
- Instead of bones, sharks have a skeleton made from cartilage.
- Insects such as bees, mosquitoes and cicadas make noise by rapidly moving their wings.
- The horn of a rhinoceros is made from compacted hair rather than bone or another substance.
- Sharks lay the biggest eggs in the world.
- Even when a snake has its eyes closed, it can still see through its eyelids.
- Unlike humans, sheep have four stomachs, each one helps them digest the food they eat.
- Despite the white, fluffy appearance of Polar Bears fur, it actually has black skin.
- The average housefly only lives for 2 or 3 weeks.
- Mosquitoes can be annoying insects but did you know that it's only the female mosquito that actually bites humans.
- Cats use their whiskers to check whether a space is too small for them to fit through or not.



<http://www.sciencekids.co.nz/sciencefacts/animals.html>

*When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us.  
Helen Keller*

FOR GENERAL INFORMATION ABOUT THE  
NYC DEPARTMENT OF EDUCATION CHECK  
THE WEBSITE

<http://schools.nyc.gov/>

PARENTS

Start thinking about summer camps for your child(ren)

Get involved in your school parent association

Learn your rights and responsibilities as they relates to school

Make sure you understand what your child is learning at school

KIDS CORNER - QUESTIONS

1. What do you call people that don't like Santa Claus?
2. What has four eyes and can't see.
3. What runs around the yard but never moves?
4. What do you get if you mix a rabbit with a snake?
5. What do you call babies knees?
6. What does a Fish plays the Piano with?
7. What does a fish plays on the Piano scales?
8. What do you call a pig that won the lottery?
9. Why is a fish so easy to weight?
10. What's a cat favorite color?
11. What do you call a cow that wears a crown?
12. Why did the man run around his bed?
13. Why do cannibals eat clowns?
14. Why did the lady spray her clock?

PBIS CORNER

“GOTCHA”

The P. 993Q PBIS program routinely “catches” students doing the right thing – being safe, respectful, responsible, kind, and a learner. Appropriate behaviors are noticed and acknowledged throughout the day and throughout the school. Our students are getting very skilled at knowing what is expected of them at school and can count of being given lots of opportunities to show what they know!

We're also very happy to recognize or staff members for their efforts in making the PBIS program successful. They constantly strive to create a safe school environment that promotes academic success and positive interactions and relationships. In March, we began reviewing some of the PBIS behavioral expectations with our students. Our theme of the month was “Be Safe.” Several staff members have been “caught” doing extra social skills lessons/activities with their classes regarding the safety theme. These staff members were given special “Gotcha” certificates that they used to enter a raffle at the end of the month. The winners were given gift certificates to Dunkin' Donuts.

Congratulations to the winners! We will be continuing this program for the remainder of the school year. Here are the themes of the month to follow: **April- Be a Learner; May- Be Responsible, June - Be Kind.**

*.....All Through the Town*

*What times does the school day start for a P. 993Q student?*

*That's actually a hard question to answer because all students have different starting time. The school day starts for every student when she or he gets on the school bus in the morning.*

*“Be Safe” is one of our school expectations, and safety on the bus is a priority. During March and April, P. 993Q staff has been meeting with our bus drivers and matrons to discuss ways we can work together to insure out children's safety during morning and afternoon bussing. In addition, in school, we have been reviewing and practicing safe bus behavior with our students. We want all of our students to have a great start of the day and a safe ride home. With school staff, bus personnel, and parents working together, we can make this happen.*



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Margaret Clark, Asst. Principal  
Michelle Boruchow, Unit Teacher

Contributions of Articles and other information were made by staff members of P993Q, extracted from the internet, and many other resource agencies, which (direct or indirectly) support the cause of the students of NYC District 75 public schools.

## Learning Environment Survey - Results Comparison and Interventions

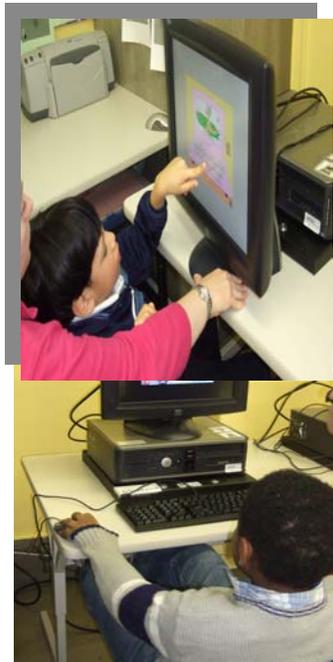
The Learning Environmental Survey (LES) is completed and we're pleased to share the results with our community. Although we've some challenges in maximizing participation, we're happy with the total entries and anticipating a positive outcome. Here are the results showing comparison to the previous year.

Surveys	07-08	08-09
Parents	124 (34%)	155 (42%)
Teachers	46 (52%)	62 (70%)
Students	52 (41%)	67 (94%)

The data shows that P993Q has exceeded response rates for parents, teachers, and students in numbers and percentages. Weekly updates on response rates, generated by the Department of Education, were reviewed by the P993 Survey Team. As a result, interventions were put into place to address sluggish survey returns. The team implemented an action plan to step up the campaign at each site. Included were additional mailings, telephone calls, and raffles for parents, as well as direct appeals to teachers to participate in the survey process. Improved results were noted on the next DOE update.

### Technology in the Classroom

*"The use of computers, technology applications, and hands-on learning enables each student at P.993 @ P130Q to tie-in their classroom objectives and make a connection to real-world applications. This methodology gives each student equal access to a world of knowledge limited only by the imagination. "Anonymous*



In Computer/Technology we try to effectively use programs, computers, and the Smartboard to enhance educational outcomes for our students with sensory, cognitive, physical and social/emotional disabilities. We attempt to give each student access to computers through TouchScreens, adapted keyboards (Intellikeys), and Smartboard activities.

The Intellikeys adapted keyboard allows students who cannot reach out to touch the TouchScreen the ability to participate in almost all of the activities. The Smartboard allows all students access to the internet and follow-up activities on a large screen that is easy to manipulate and "fun" while learning.

An example is our current monthly theme of "Weather." Through activities and exposure to the theme in their classrooms and Science and Computer/Tech. teachers at P993 @ P130Q coordinate to incorporate Literacy, Math, Social Studies, and Science to cover aspects of the Weather.

In Computer/Technology we have read three books so far covering snow/cold, spring, and this week, clouds. After reading the story, students use their computers and Smartboard to create graphic organizers, comparison charts, picture recreations of the story, and silly imaginative recreations of the characters they have met within the stories. We print them out and share our work at the end of each class and then take our work back to class to show our teachers.

*By: Irene Higgins, Teacher*



## Speech Highlights Spring 2009

The Speech Department celebrated the beginning of spring, with a Girls Club Lesson on flowers. The club members read and listened to the book, "Flower Garden," by Eve Bunting. At the meeting the girls selected their photos and pasted them into flower petals. Each girl worked on requesting different stickers to adorn their flower picture frames. The girls had a fantastic time taking turns with their peers. Each student worked on using words and picture symbols to communicate and socialize in the book and craft activity.



The Speech Department is proud of the progress Mr. Rob's class has been making using the Assistive Technology in his classroom that was part of the Technology Solutions Pilot Program. The student's have been working on using their Augmentative Communication Devices in classroom routines and lessons as well as in the school dance festival. Mr. Rob's classroom was even videotaped for a District 75 video on Augmentative Communication! In addition to being movie stars, the students have taken their devices into the community for lessons and are showing great progress in using them to communicate with staff members and their peers. Great Job everyone!

*Miss Ludney, Miss Angelina & Miss Cathy*

### **P993 @ IS 499 – Summer Time Science**

Wow! Is it summer already? Summer has brought Science lessons on ocean life and a warm climate at P 993 at IS 499. In addition, our science curriculum included participation in the PS/IS 499 Science Fair. Students in class L-O7 conducted out experiments and investigations, and documented data to draw conclusions.

We further studied the life cycle of a butterfly and together with PS/ IS 499 staff and students, participated in releasing live butterflies at the Queens College Field. This honored the memory of the building principal, Anastasia Schneider who passed away this year. She will be missed

## **Family Resources & References**

### ***Websites and Links***

*Each newsletter we feature a few resource agencies which may be useful in helping your child's development. The picks for this issue focuses on summer camps*

**Resources for Children with Special Needs, Inc. (RCSN)**

**Services: Multiple Resources**

116 East 16<sup>th</sup> Street, Fifth Floor

New York, NY 10003

212-677-4650

E-mail: [info@resourcesnyc.org](mailto:info@resourcesnyc.org); [www.resourcesnyc.org](http://www.resourcesnyc.org)

Visit our Database on the Web™ at

[www.resourcesnycdatabase.org](http://www.resourcesnycdatabase.org)

**Contact us at:**

**116 E. 16th Street**

**5th Floor**

**New York, NY 10003**

**(212) 677-4650 (212) 254-4070 fax**

### **ST. MARY'S HOSPITAL FOR CHILDREN PEDIATRIC MEDICAL DAY CARE PROGRAM**

**-29-01 216th Street Room 307**

**Bayside, NY 11360 (Queens)**

**-Camps/Summer Programs**

**-(718) 281-8800 Administrative**

**-(718) 281-8841 FAX**

**-(718) 281-8819 FAX**

**-[www.stmaryskids.org](http://www.stmaryskids.org)**

**-Serves ages 5 to 18**

### **CROSS ISLAND YMCA**

**-238-10 Hillside Avenue**

**Bellerose, NY 11426 (Queens)**

**-Camps/Summer Programs**

**-(718) 479-0505 Administrative**

**-(718) 468-9568 FAX**

**-[www.ymcanyc.org](http://www.ymcanyc.org)**

**-Serves ages 5 to 15**

### **LISA BETH GERSTMAN CAMP - QUEENS**

**-238-10 Hillside Avenue**

**Bellerose, NY 11426 (Queens)**

**-Camps/Summer Programs**

**-(718) 479-0505 Administrative/Camp Phone**

**-(718) 468-9568 FAX**

**-[www.lisabethgerstman.org](http://www.lisabethgerstman.org)**

**-Serves ages 5 to 13**

### **FLYING FINGERS CAMP**

**-PO Box 750851**

**Forest Hills, NY 11375 (Queens)**

**-Camps/Summer Programs**

**-(718) 544-8981 Administrative/FAX**

**-[www.flyingfingerscamp.org](http://www.flyingfingerscamp.org)**

**-Serves ages 5 to 15**

### **QUEENS R.E.A.C.H. - CAMP SMILE**

**-Confidential Address**

**Kew Gardens, NY 11415 (Queens)**

**-Camps/Summer Programs**

**-(718) 520-5936 Administrative**

**-(718) 699-8283 FAX**

**-[www.nyc.gov/parks](http://www.nyc.gov/parks)**

**-Serves ages 7 to 40**

### **SAMUEL FIELD Y - LISA BETH GERSTMAN DEAF AND HEARING IMPAIRED CAMP**

**-58-20 Little Neck Parkway**

**Little Neck, NY 11362 (Queens)**

**-Camps/Summer Programs**

**-(718) 225-6750 Administrative**

**-(718) 423-8276 FAX**

**-[www.sfy.org](http://www.sfy.org)**

**-Serves ages 7 to 13**  
**SAMUEL FIELD Y - SUMMER CAMP INCLUSION PROGRAM**

-58-20 Little Neck Parkway  
 Little Neck, NY 11362 (Queens)  
 -Camps/Summer Programs  
 -(718) 225-6750 Administrative  
 -(718) 423-8276 FAX  
 -www.sfy.org  
 -Serves ages 5 to 15

**ANIBIC - DENNIS WHITE CAMP BLUE CASTLE**

61-35 220th Street  
 Bayside, NY 11364 (Queens)  
 Camps/Summer Programs  
 (718) 423-9550 Administrative  
 (718) 423-4010 FAX  
 Serves ages 5 to 17  
 (718) 225-6750 Administrative  
 (718) 423-8276 FAX  
 www.sfy.org  
 Serves ages 7 to 13

**SAMUEL FIELD Y - SPECIAL SERVICES CAMP**

58-20 Little Neck Parkway  
 Little Neck, NY 11362 (Queens)  
 Camps/Summer Programs  
 (718) 225-6750 Administrative  
 (718) 423-8276 FAX  
 www.sfy.org  
 Serves ages 5 to 21

**SAMUEL FIELD Y - SUMMER CAMP INCLUSION PROGRAM**

58-20 Little Neck Parkway  
 Little Neck, NY 11362 (Queens)  
 Camps/Summer Programs  
 (718) 225-6750 Administrative

Serves ages 5 to 15

**STEINWAY CHILD AND FAMILY SERVICES, INC. FAMILY**

**SUPPORT PROGRAMS - SUMMER CAMP**  
 41-36 27th Street  
 Long Island City, NY 11101 (Queens)  
 Camps/Summer Programs  
 (718) 389-5100 Administrative  
 (718) 391-9633 FAX  
 www.vbgco.org  
 Serves ages 6 to 14

**SAMUEL FIELD Y SUMMER RESPITE PROGRAM**

163-59 17th Avenue  
 Whitestone, NY  
 11357 (Queens)

**HAVE A FUN AND SAFE SUMMER**

Camps/Summer Programs  
 (718) 352-4157  
 Administrative  
 (718) 352-7638 FAX



**Make it a SAFE KIDS summer!**

Don't take a vacation from safety.

**Hey Kids!** Summer's here, which means lots of fun. But did you know that summertime can be a very dangerous time for kids? Follow these tips to protect yourself, and promise to make this a SAFE KIDS Summer!

**Ride Safe!**

- I buckle up on every ride.
- I sit in a back seat whenever I can.

**Swim Safe!**

- I never swim without an adult present.
- I wear a life jacket whenever I'm out on a boat and at the beach or lake.

**Wheel Safe!**

- I wear my helmet every time I ride my bike, scooter or skat
- I know the rules of the road and obey all traffic laws.

**Walk Safe!**

- I look left, right and left again before crossing the street and continue to look both ways while I walk.
- I wear retroreflective materials and carry a flashlight when it's dark.

**Play Safe!**

- I don't use playground equipment unless an adult is with me.
- I always wear the right, properly fitted protective gear when I practice and play team sports.



This list is not comprehensive. It is meant to assist families in taking steps to prevent childhood injuries. For more detailed information, please visit [www.safekids.org](http://www.safekids.org)  
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(718) 423-8276 FAX  
 www.sfy.org