



## 2016-17 Dance Teacher Professional Development Short Course – WINTER

**Workshop Title**            ***SENSORY STEPS: A MOVEMENT INTERVENTION***

**Course Guest Instructor**        Ellen Kogan, M.A., Dance, M.A.,OTR/L

**NYCDOE Course Facilitator**    Suzanne Lamberg, B.S. M.S.

### **Course Description**

This two-part, half day professional learning opportunity has been specifically designed for pairs of K-12 movement professionals: an Occupational Therapist and a Dance teacher.

**Registration must occur in pairs of Occupational Therapists and Dance Teachers from the same school. Only one person from the pair should sign up indicating both teachers.**

Participants will explore how they can better collaborate to understand their students' motor needs, create informed and meaningful dance/movement activities to address those needs, and integrate those activities into instruction and other supports. During this workshop, dance educators and occupational therapists work together to discuss mutual goals, learn to speak each other's language, and explore new ways to synergize their efforts.

Using the three elements of dance - Space, Time and Energy - Ellen Kogan shares a simple theoretical framework to assess a child's motor control deficits to guide dance and movement interventions. Ms. Kogan became an occupational therapist after a thirty dance career performing and teaching worldwide. Her methodology focuses on pediatrics and early intervention and explores dance as a therapeutic intervention for motor control, attention and social skills. This course aims to help participants develop strategies that allow dance education and occupational therapy to become a powerhouse for student support and lasting change.

These two sessions are highly interactive and use music, visual cues, and props to enhance students' learning experiences. Participants are engaged in movement activities and discussions while learning about them. They will examine how to apply this new knowledge to their professional practice. The course has a strong focus on social cohesiveness, teamwork, individuality, cognition, sense-of-self and the child's specialness.

### ***Please note:***

- **After receiving permission from school leader and OT Supervisor**, dance teachers and occupational therapists register in pairs. *Pairs must be from the same school. This is a two part series, and all participants must attend both sessions.*
- Comfortable clothing that allows for movement is highly recommended.



## **Session 1: The Movement Evaluation Continuum-** Wednesday, February 8, 2017

Participants learn how to use the *Movement Evaluation Continuum* to assess a child's ability to move functionally. An interactive movement session illustrates how to use the Continuum to target deficits and create short dances or movement studies to address those deficits. During this session, a video recording of Mrs. Kogan's former students illuminates key concepts taught in the workshop, enhanced by related current research. These learning experiences have been designed to help dance educators and occupational therapists understand how children can benefit from the integration of dance and standard therapeutics practices. The participating pairs work together to create and share short assignments, and then receive feedback from their colleagues. After this session, each pair goes back to their school with an assignment: to select an individual child or small group of students they have in common and design strategies to collaboratively improve their motor skills. Each pair will present their observations in the following session.

## **Session 2: A Therapeutic Understanding in an Artistic Package-** Thursday, February 16, 2017

This workshop further explores the significance of functional movement for children with disabilities and how to develop their unique movement expression. Participants work on more involved assignments using actual case studies similar to what they experience in the school environment. Each dance teacher and occupational therapist contributes to this interactive experience in their own unique way, explaining to their colleagues what strategies they used to improve a child's motor skills and why. Each pair is invited to present the case studies they developed in collaboration at their schools while using new vocabulary from both disciplines. This session encourages participants to demonstrate a deeper understanding of a child's disability from the other discipline's point of view while integrating new concepts and methods into newly acquired knowledge to achieve similar/common goals.

***Please note: Course participation requires school release and participant pairs must attend both sessions.***

<b>Eligibility</b>	All assigned teachers of Dance, Grades PreK-12 PLUS an Occupational Therapist from your school
<b>Dates</b>	Wednesday, February 8, 2017 and Thursday, February 16, 2017
<b>Time</b>	12:00 p.m. – 3:00 p.m.
<b>Location</b>	Gibney Dance Center. <a href="https://www.gibneydancecenter.com/">280 Broadway, NY, NY 10007</a> Entrance at 53A Chambers Street
<b>Fee</b>	FREE

### **Registration Instructions for Teachers and Occupational Therapist –**

**DEADLINE: FRIDAY, JANUARY 13, 2017**

*Please note: registration may close early if course reaches maximum enrollment.*

This is a two-session workshop. Participants register once for the entire series and are expected to attend all sessions.

1. Find a partner in your school to attend this series with you (one dance teacher plus one occupational therapist).
2. Obtain permission from your Principal and OT supervisor to attend all workshop half-days.
3. One partner completes the online registration at this link: <https://www.cvent.com/d/9vq09g>

**Course Policy** Walk-in participants will not be admitted.

**Questions** Contact the Office of Arts and Special Projects at [artsandspecialprojects@schools.nyc.gov](mailto:artsandspecialprojects@schools.nyc.gov) or call 917-521-3714.